

Sunny Hill Health Centre



# Upper Case Letter Worksheets

A Cognitive Approach to  
Teaching Printing to  
Primary School Aged Children



**Printing Like a Pro!**

## Key Strategies for Neat Printing – Capitals



My strategies for neat printing  
of Capital Letters:



- Slow down
- Print letters from top to bottom
- Print letters on the line (no floaters)
- Print all capitals "tall" (not small)

How did I do?



My strategies for neat printing  
of Capital Letters:



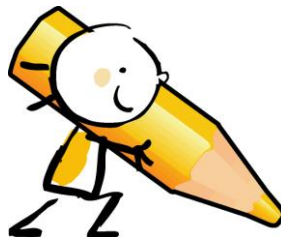
- Slow down
- Print letters from top to bottom
- Print letters on the line (no floaters)
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How did I do?



# Downers

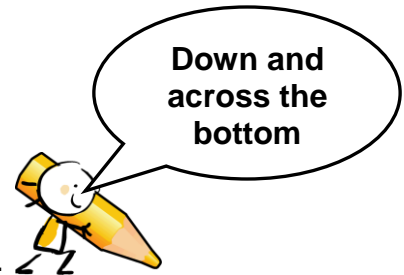
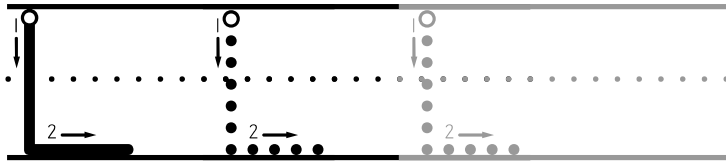
L,T,I,H,F,E



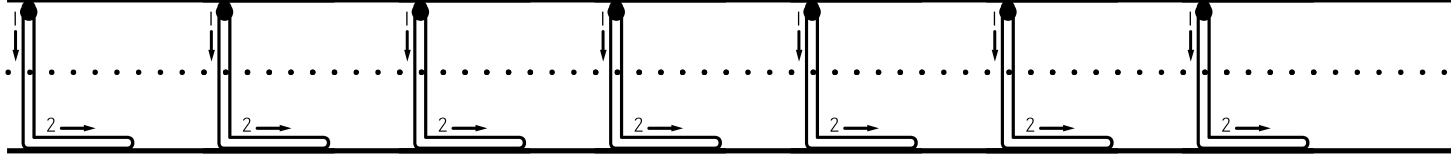
## Group 1

**Printing Like a Pro!**

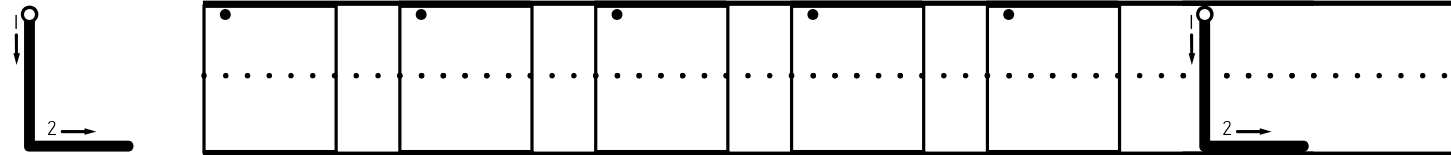
This letter is a "Downer"  
Start at the top line



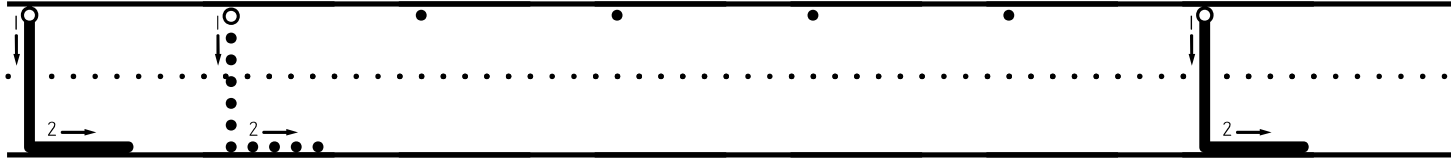
Print inside the lines. Remember to say out loud how to form the letter.



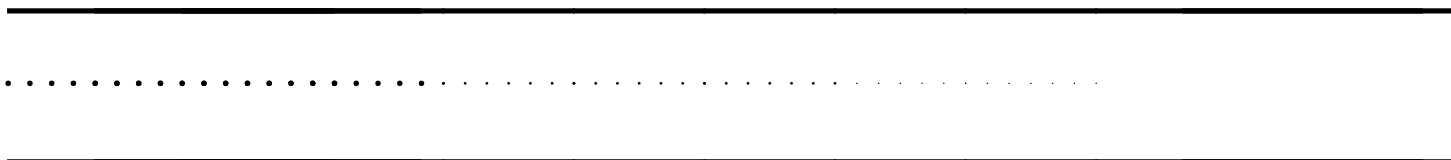
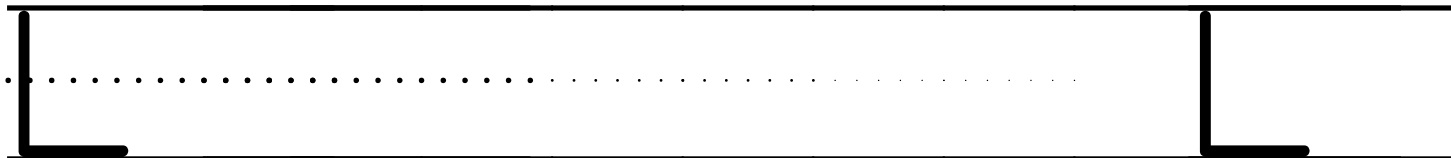
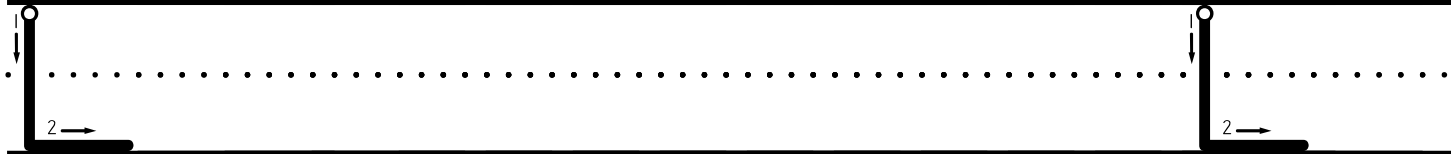
Print inside the boxes.



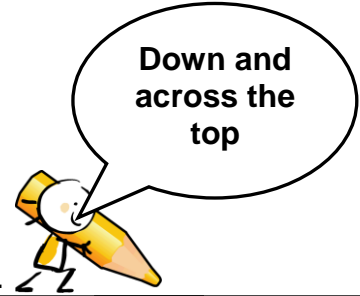
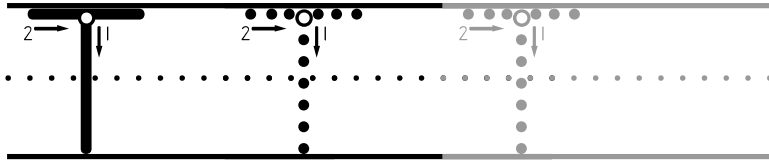
Print the letter.



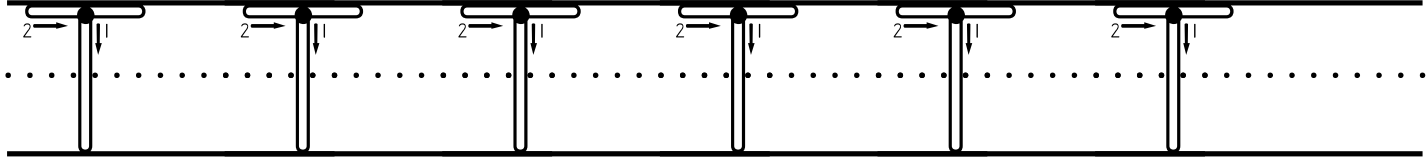
Print the letter again. Then circle your 3 best and neatest letters.



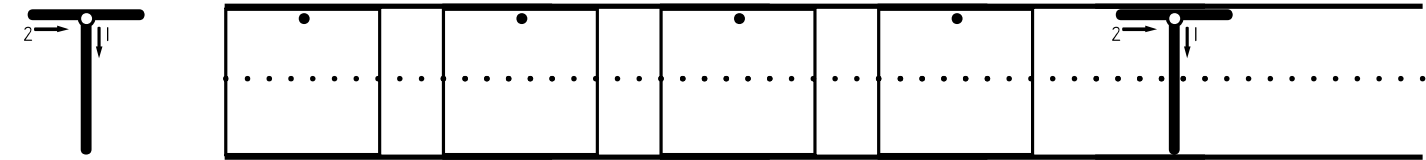
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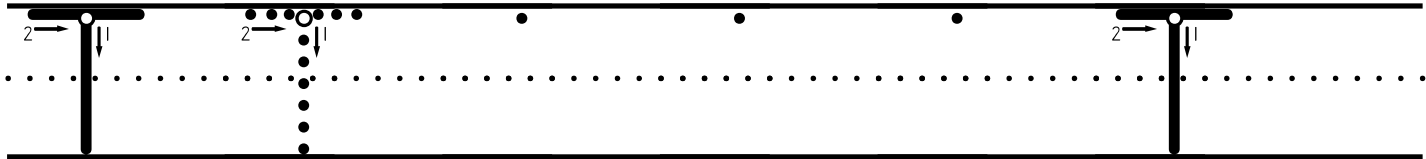
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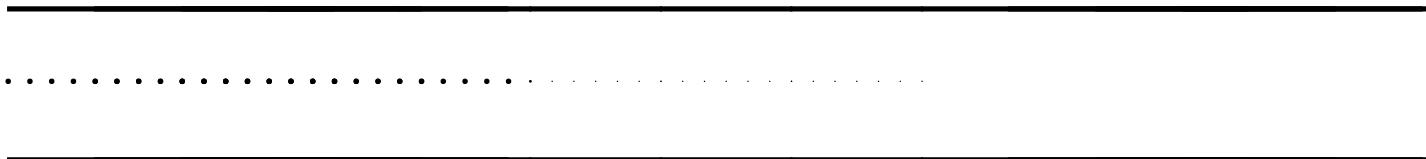
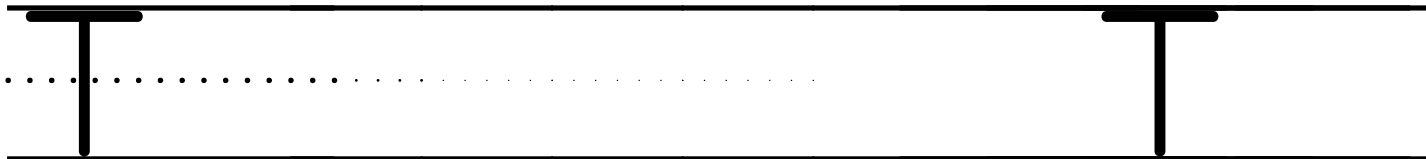
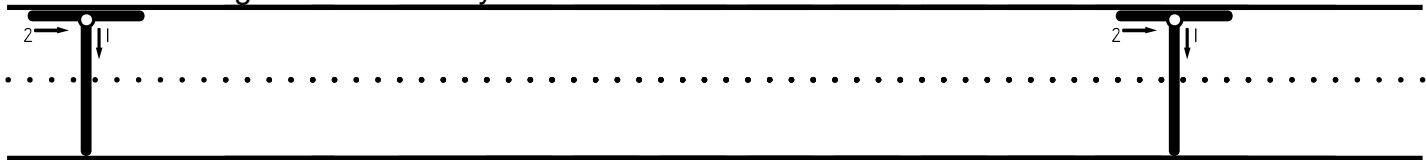
Print inside the boxes.



Print the letter.

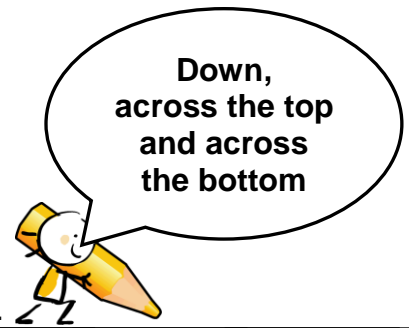
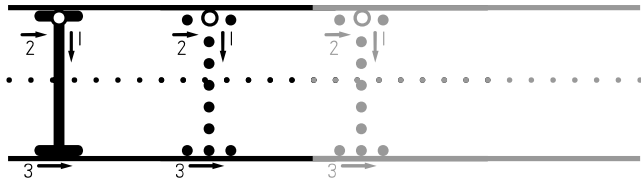


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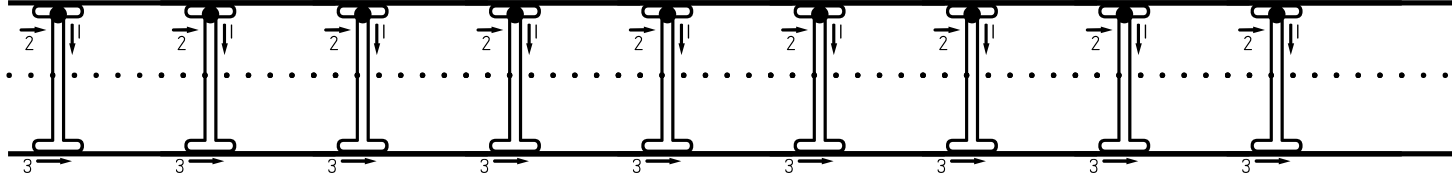


This letter is a "Downer"  
Start at the top line

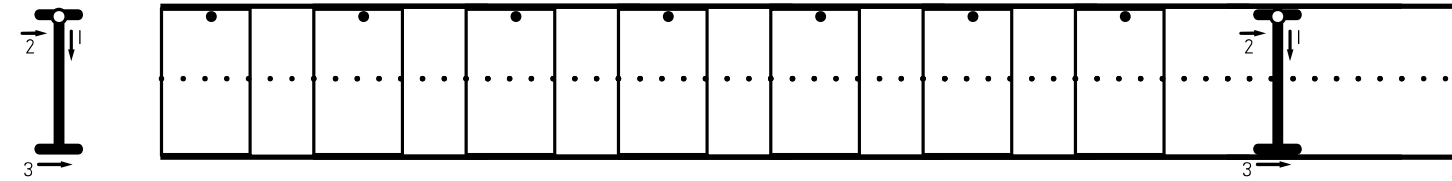
I i



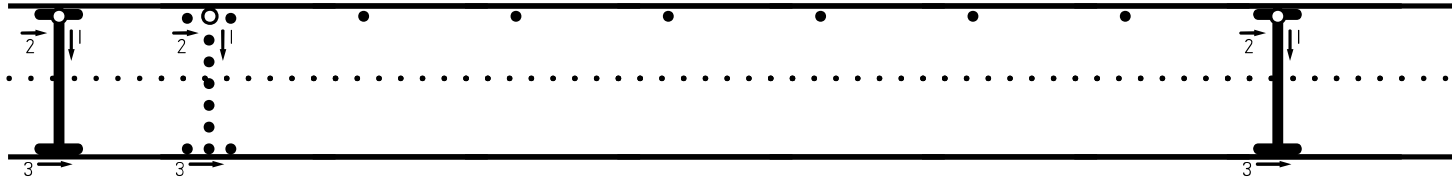
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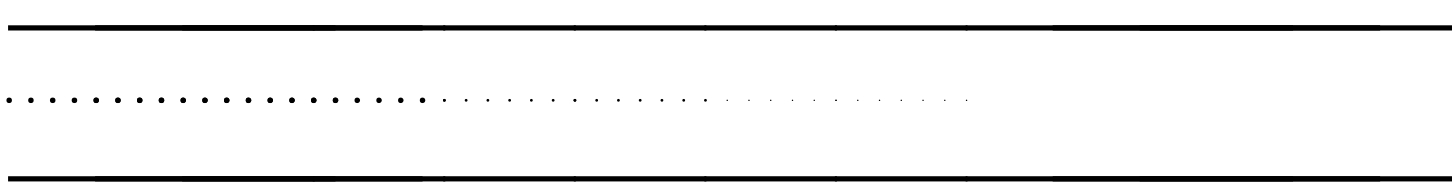
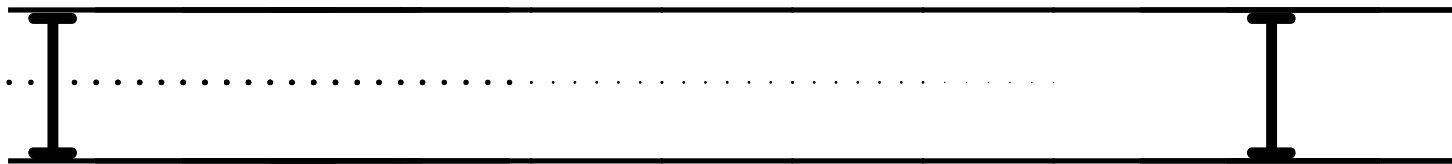
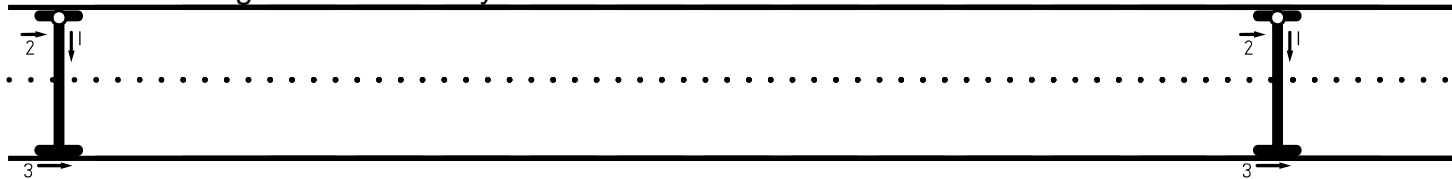
Print inside the boxes.



Print the letter.

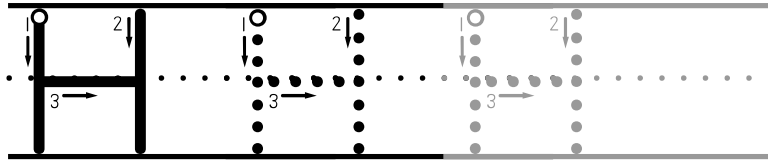


Print the letter again. Then circle your 3 best and neatest letters.



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Start at the top line

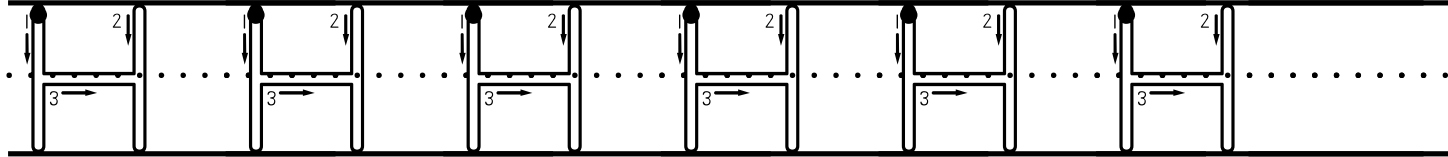
H h



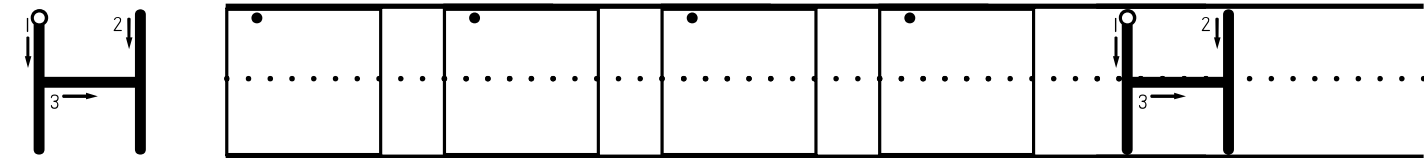
Down, down  
and across  
the middle



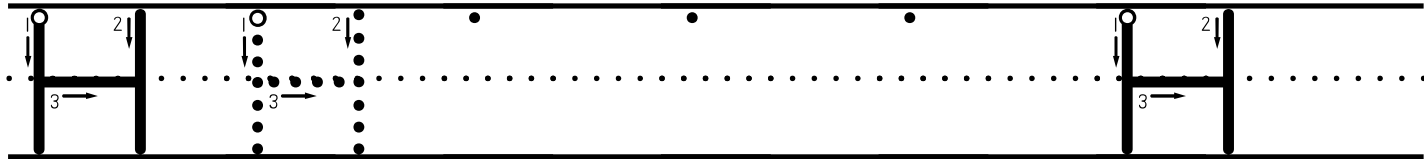
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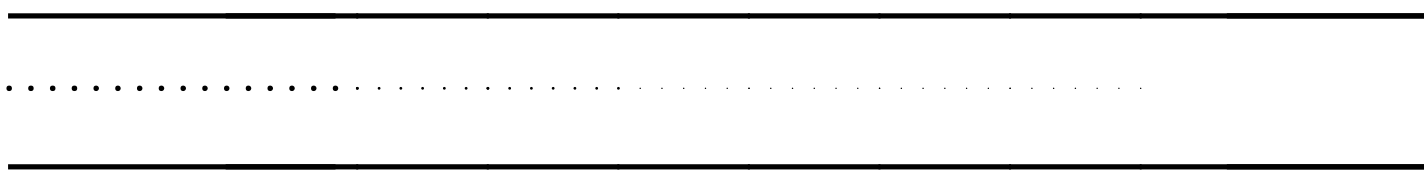
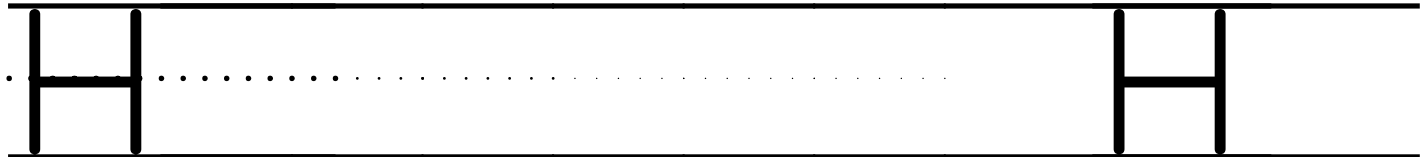
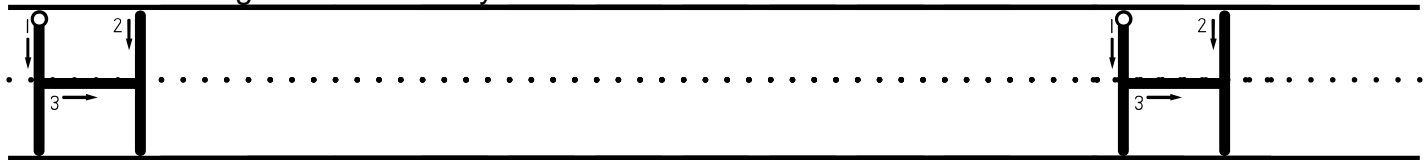
Print inside the boxes.



Print the letter.

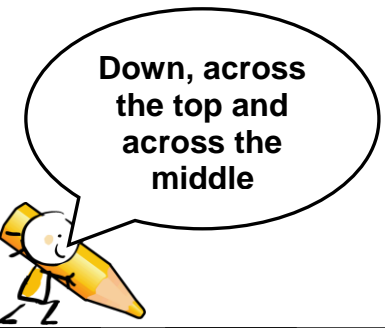
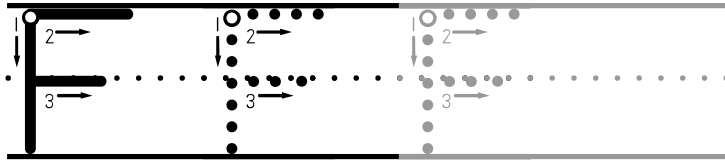


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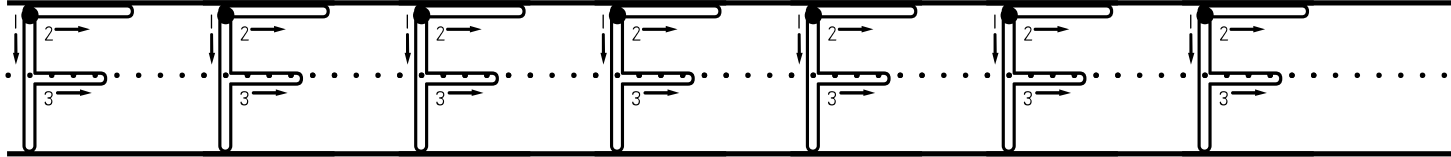


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Start at the top line

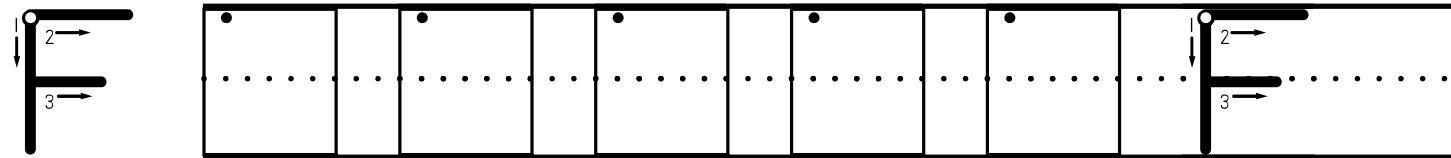
f F



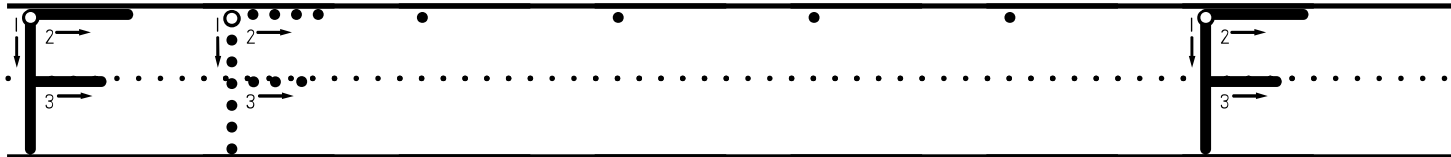
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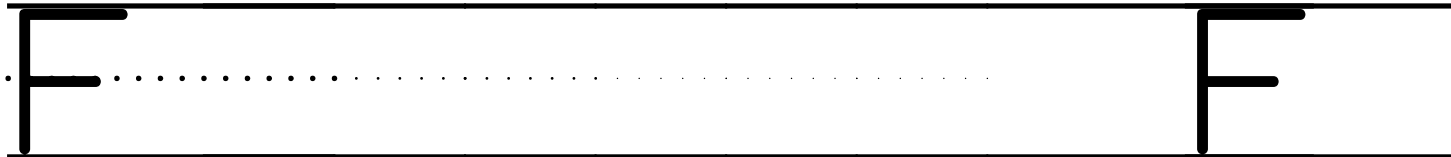
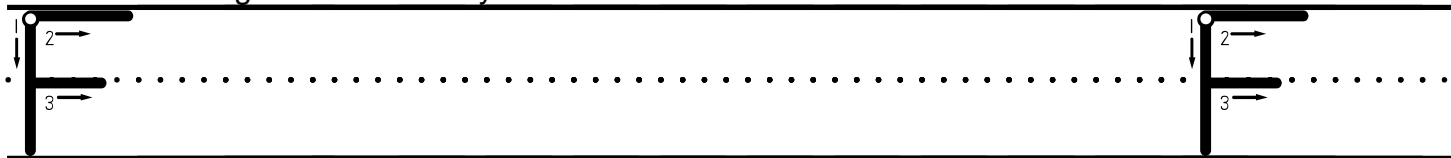
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Print the letter.

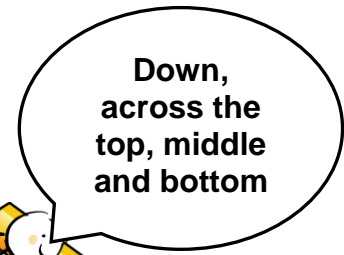
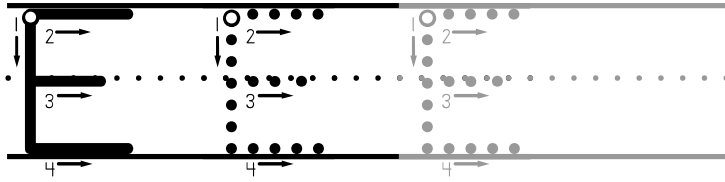


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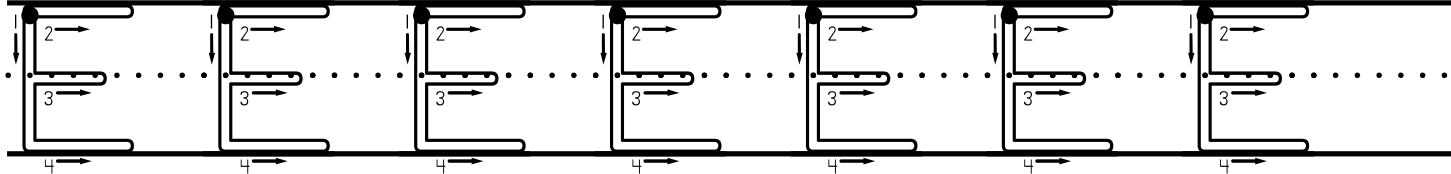


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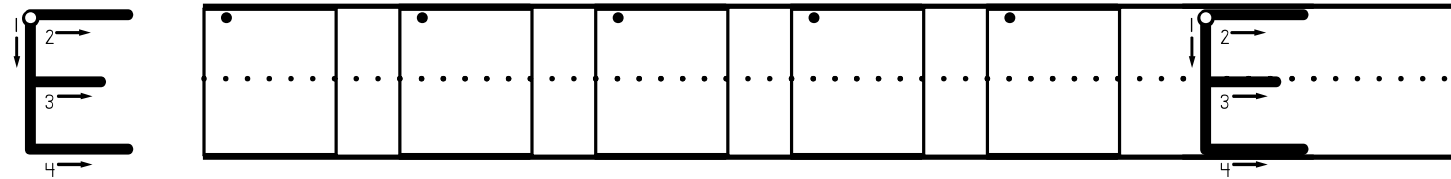
E e



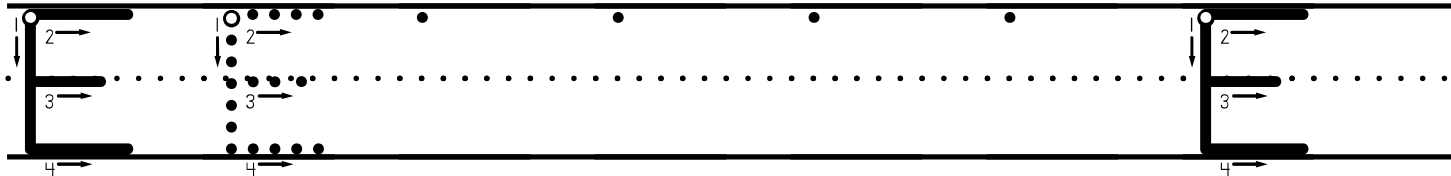
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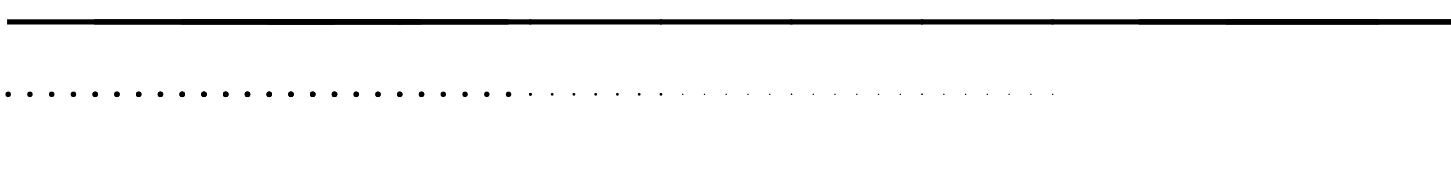
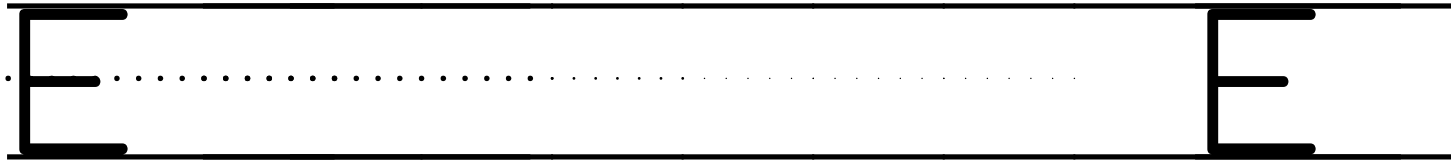
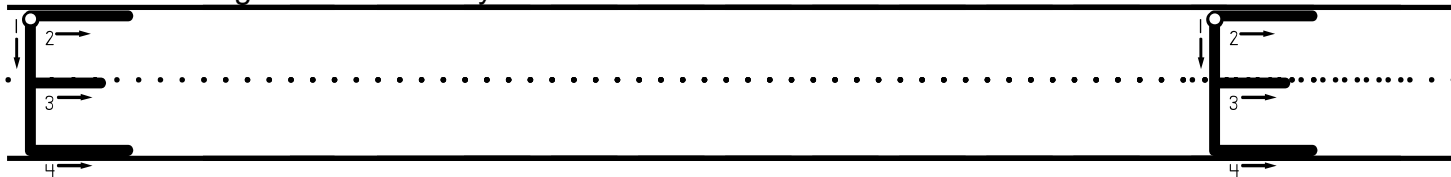
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Print the letter.

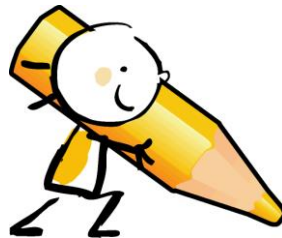
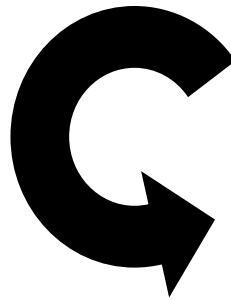


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# Rounders

C,O,Q,G

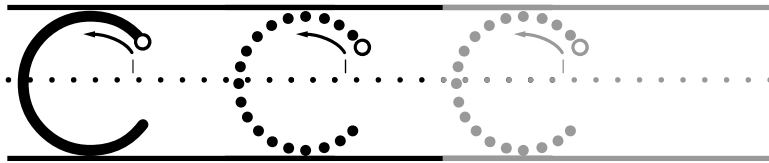


## Group 2

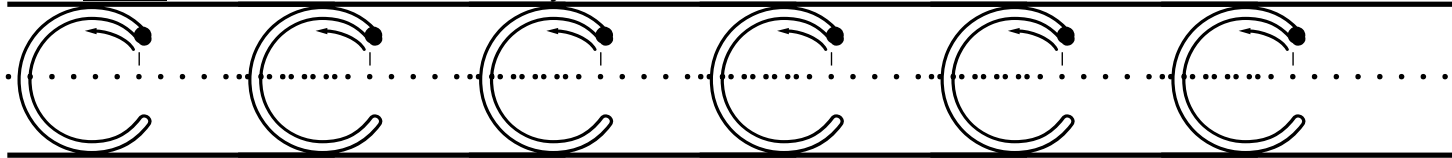
**Printing Like a Pro!**

This letter is a "Rounder"  
Start just below the top line

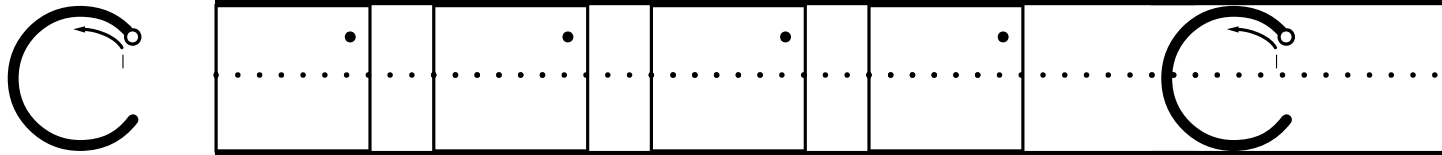
C c



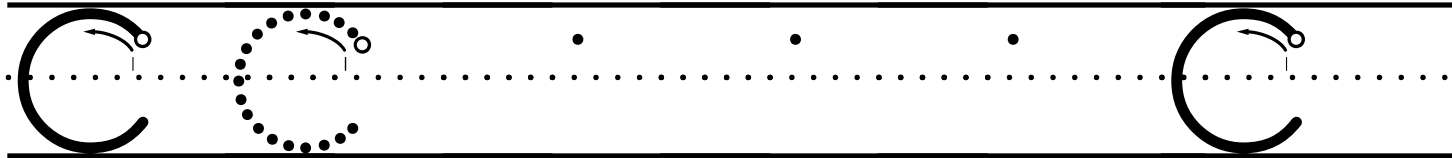
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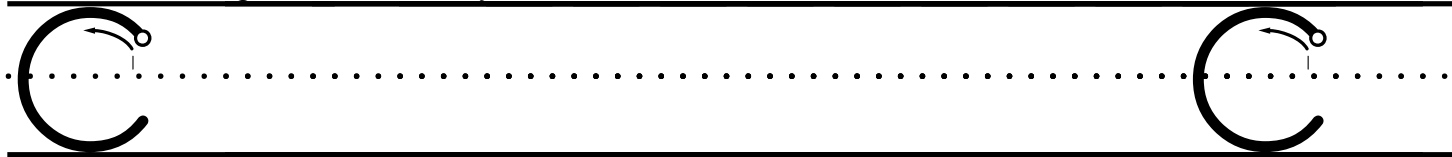
Print inside the boxes.



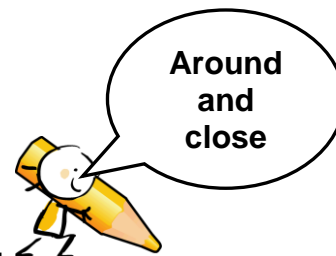
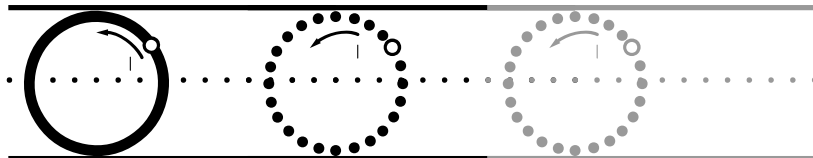
Print the letter.



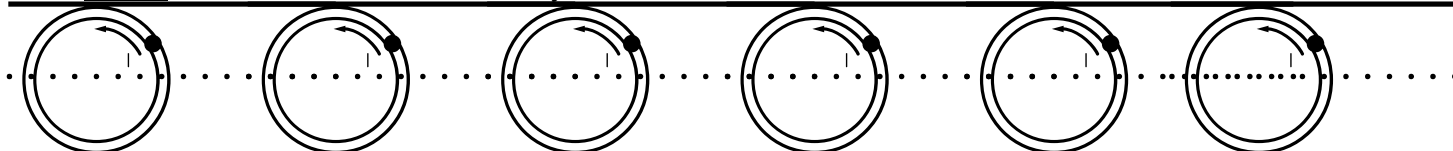
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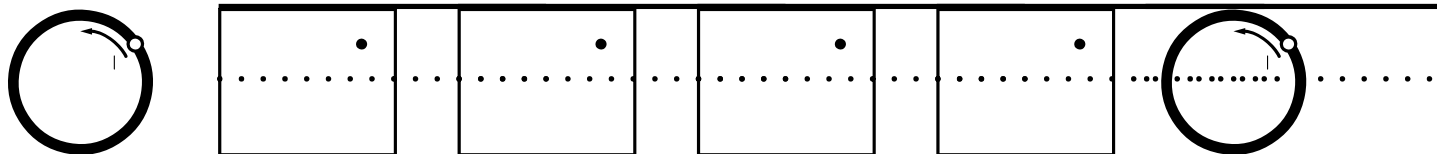
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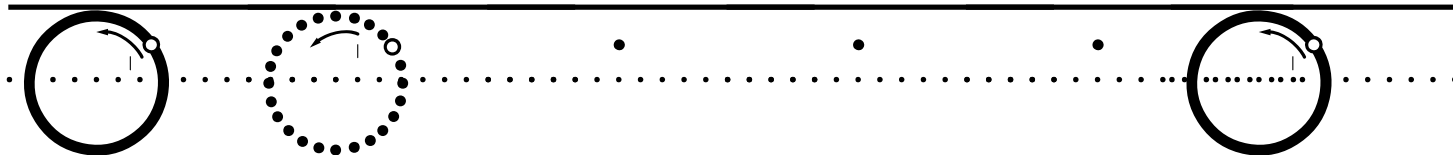
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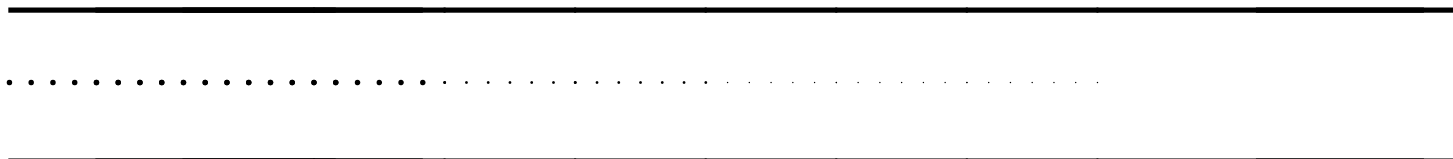
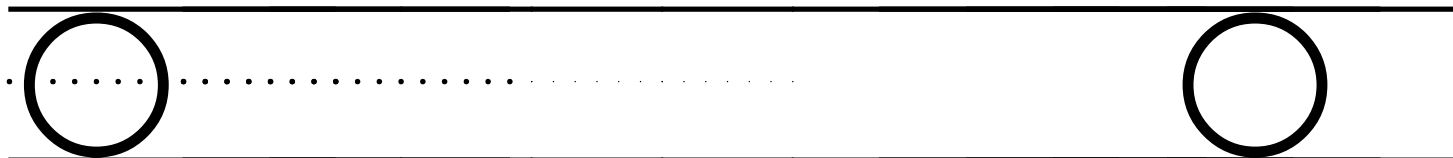
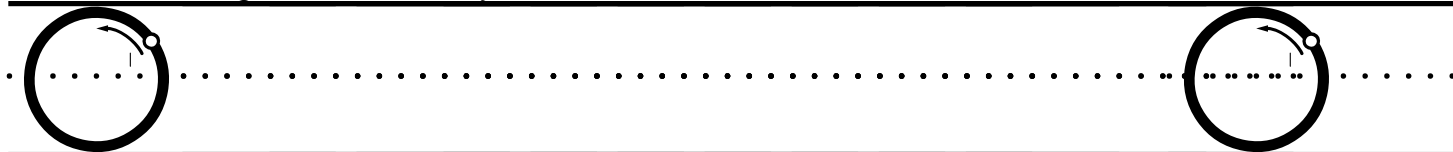
Print inside the boxes.



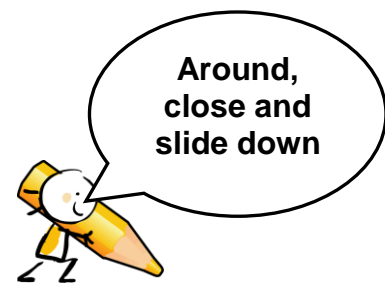
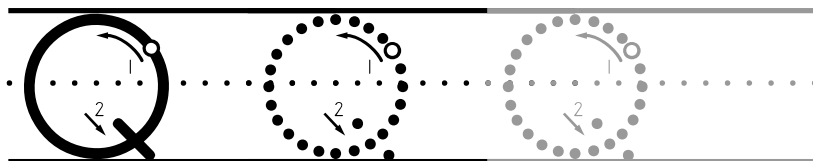
Print the letter.



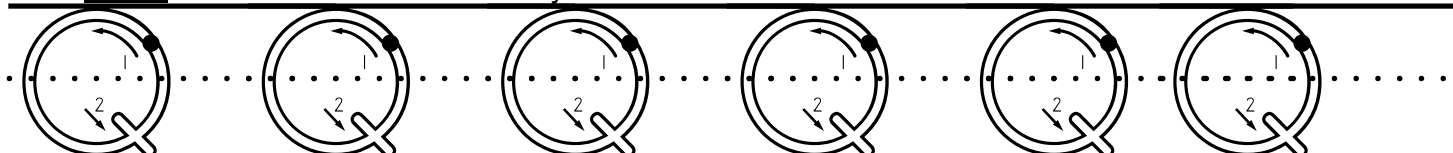
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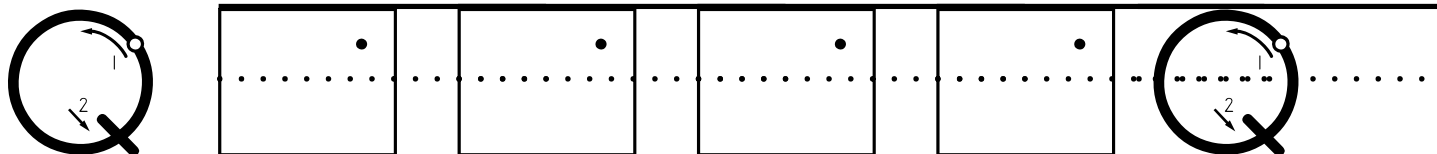
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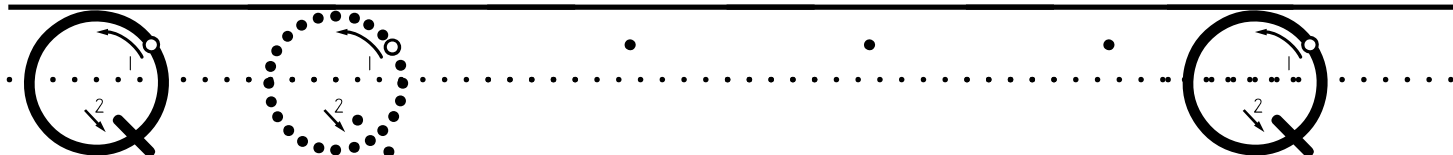
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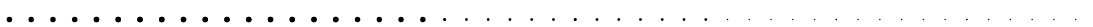
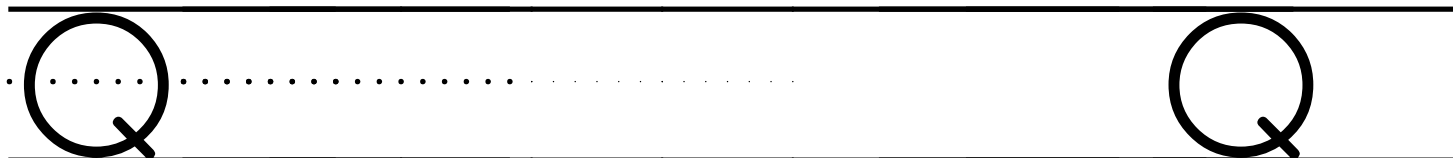
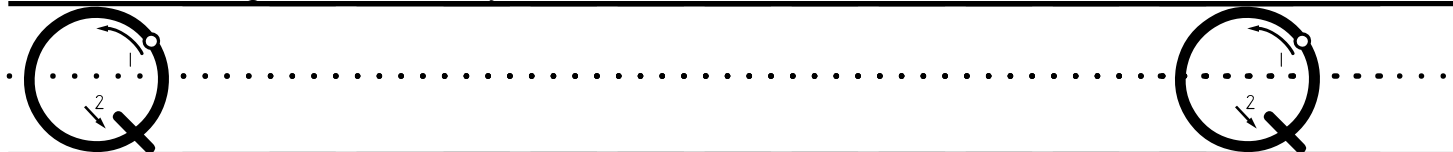
Print inside the boxes



Print the letter.

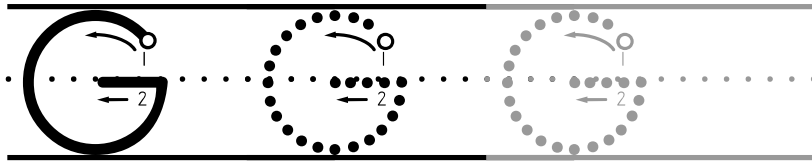


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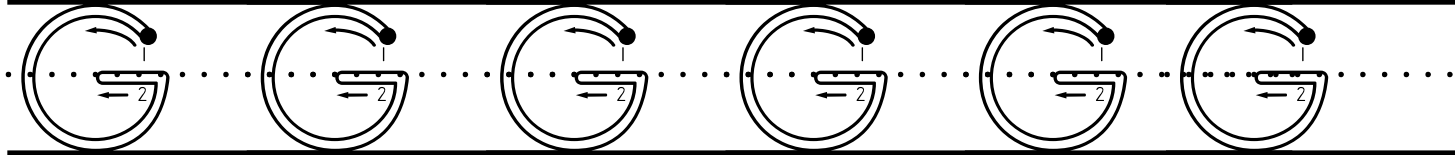


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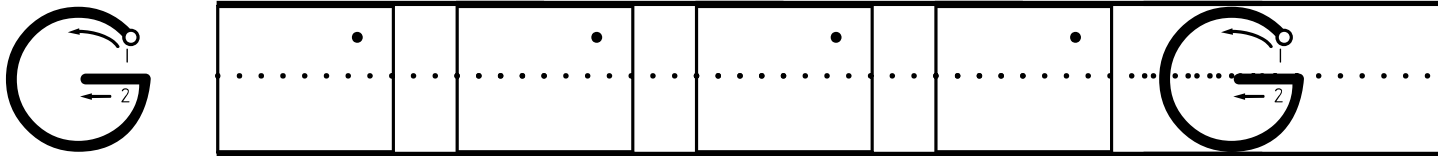
G g



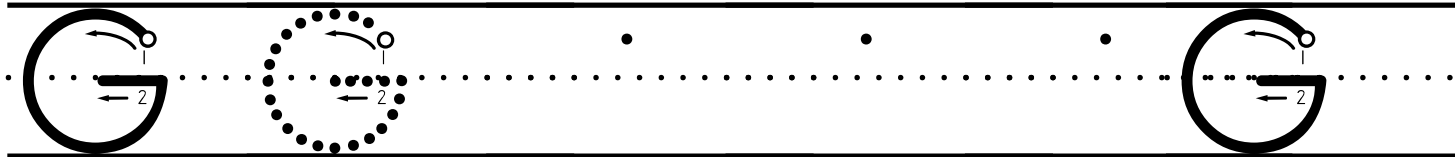
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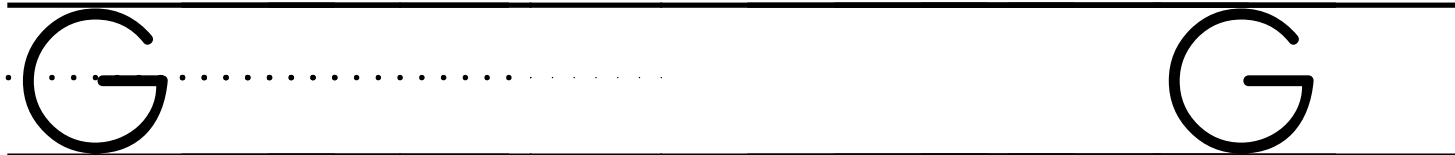
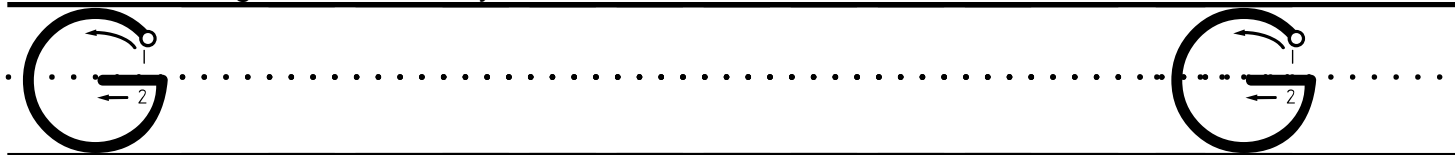
Print inside the boxes



Print the letter.

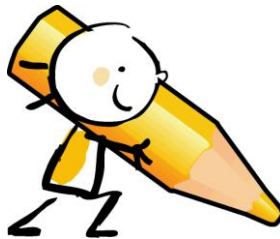
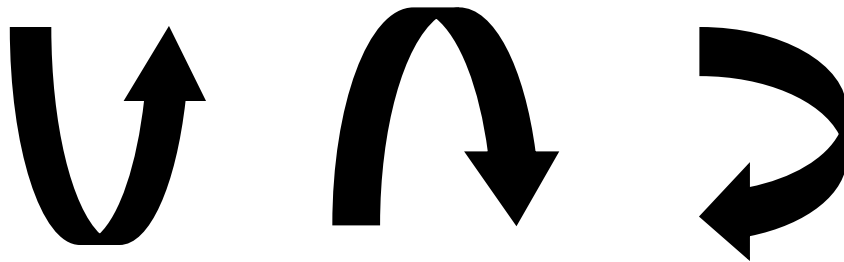


Print the letter again. Then circle your 3 best and neatest letters.



# Curvers

**S,J,U**  
and  
**P,B,R,D**

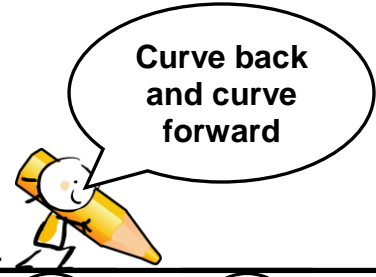
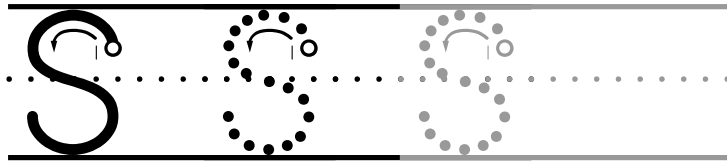


## Groups 3 and 4

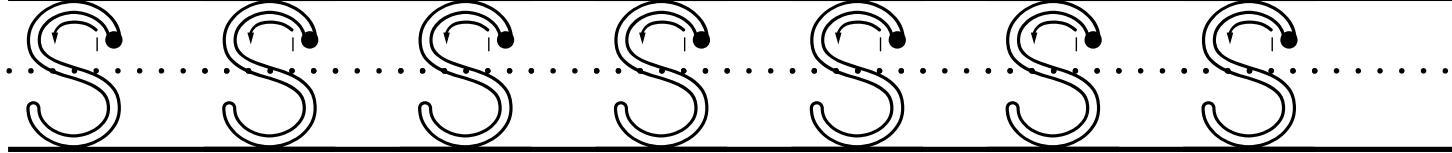
**Printing Like a Pro!**

This letter is a "Curver"  
Start just below the top line

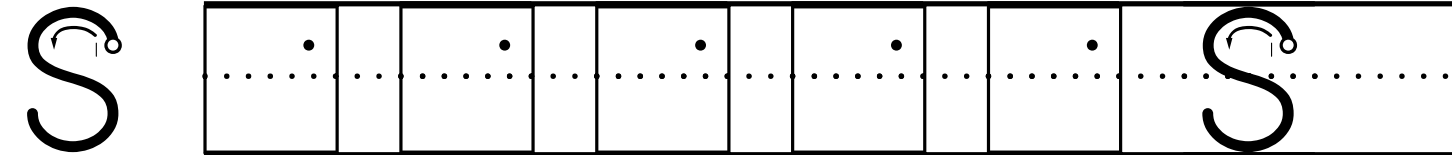
S s



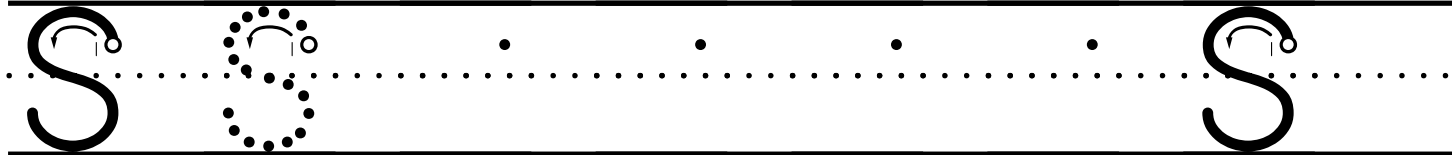
Print inside the lines. Remember to say out loud how to form the letter.



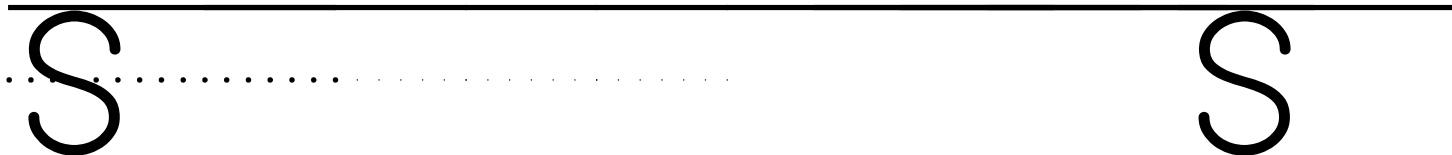
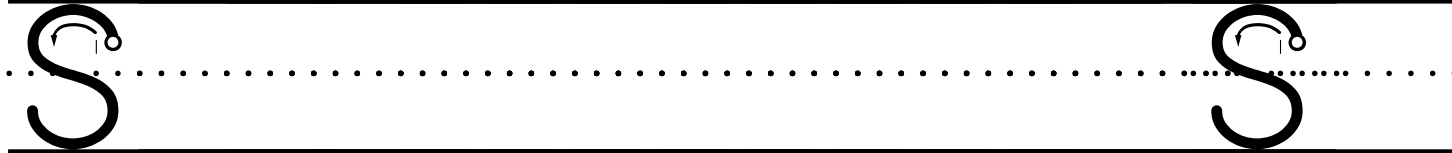
Print inside the boxes.



Print the letter.

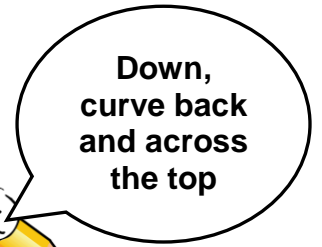
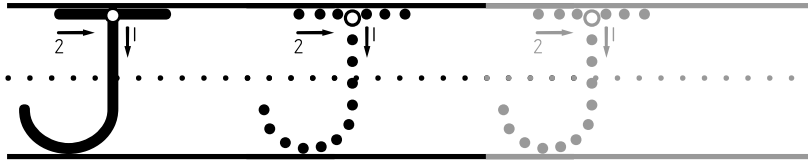


Print the letter again. Then circle your 3 best and neatest letters.

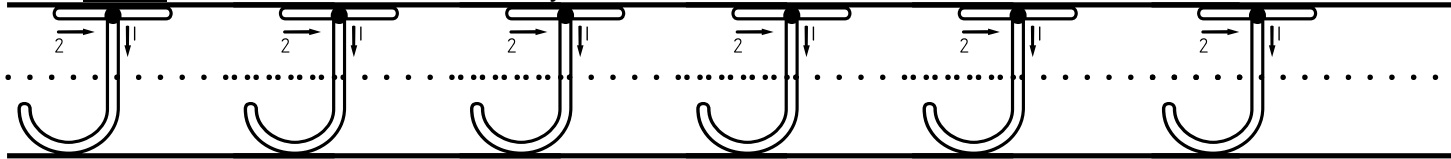


This letter is a "Curver"  
Start at the top line

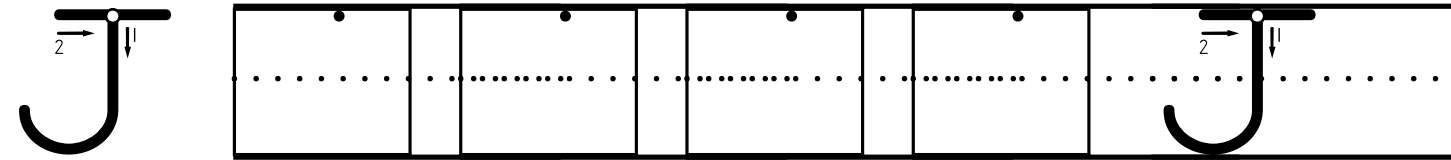
J j



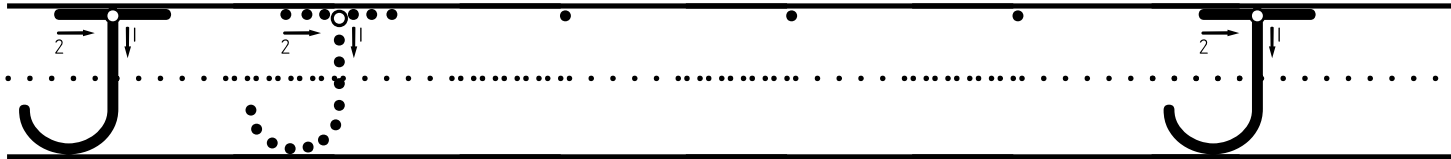
Print inside the lines. Remember to say out loud how to form the letter.



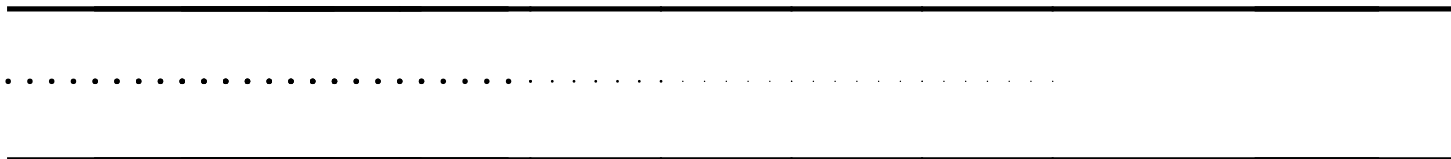
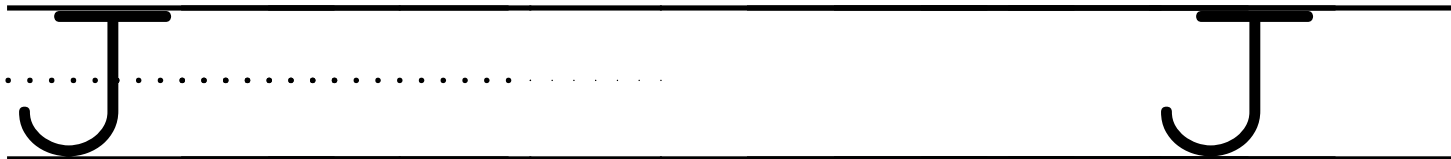
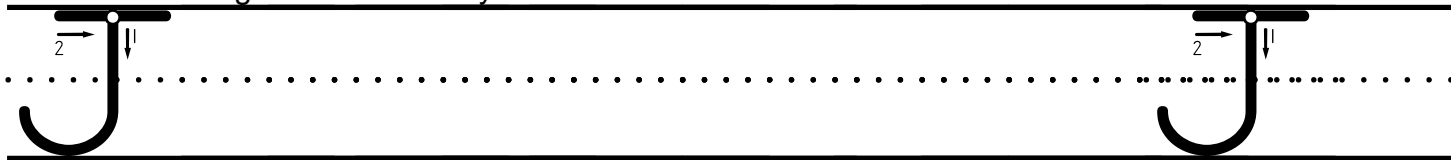
Print inside the boxes.



Print the letter.

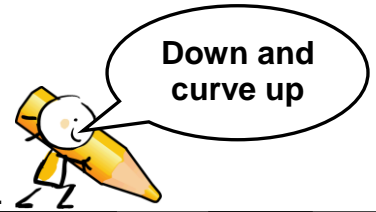
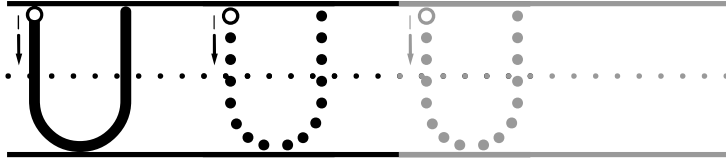


Print the letter again. Then circle your 3 best and neatest letters.

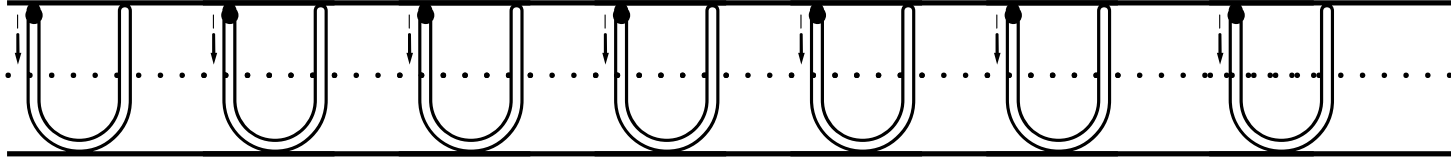


This letter is a "Curver"  
Start at the top line

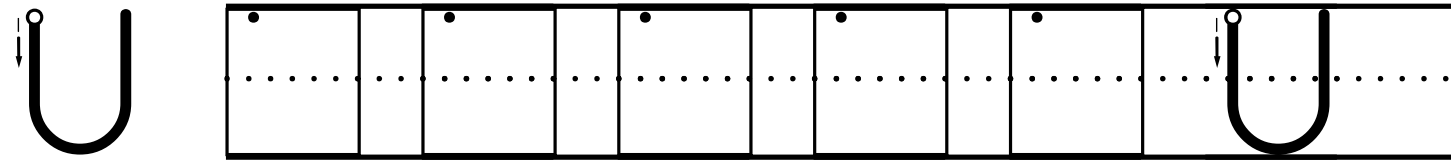
U u



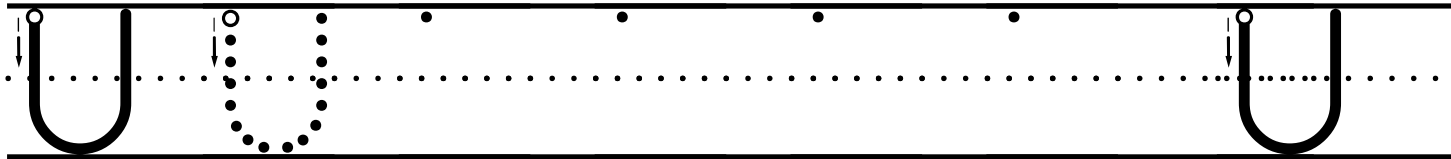
Print inside the lines. Remember to say out loud how to form the letter.



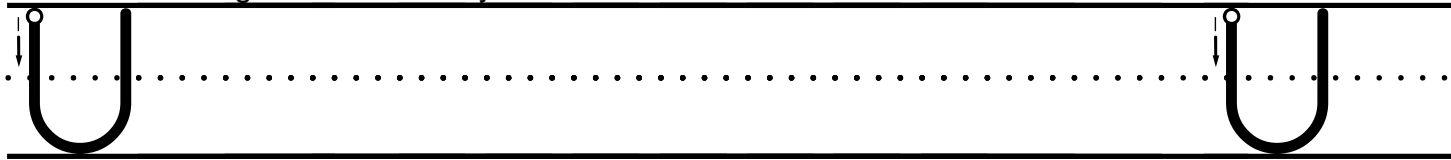
Print inside the boxes.



Print the letter.

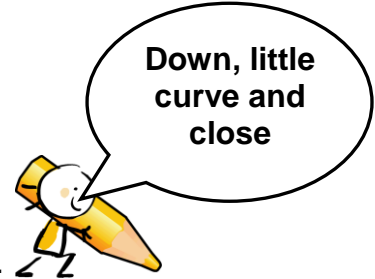
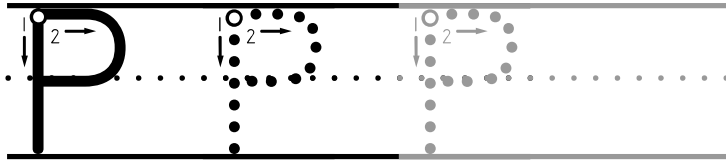


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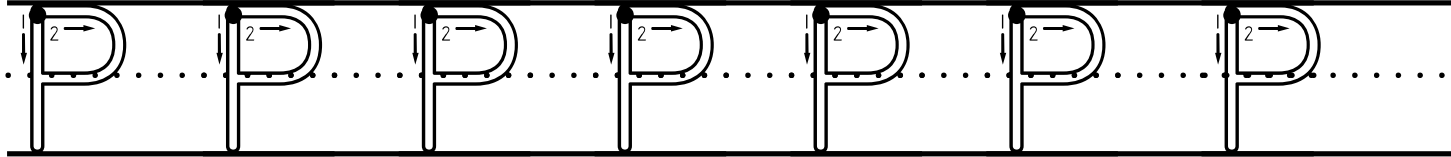


This letter is a "Curver"  
Start at the top line

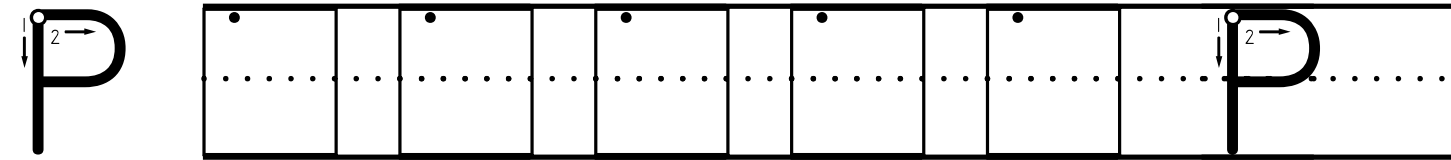
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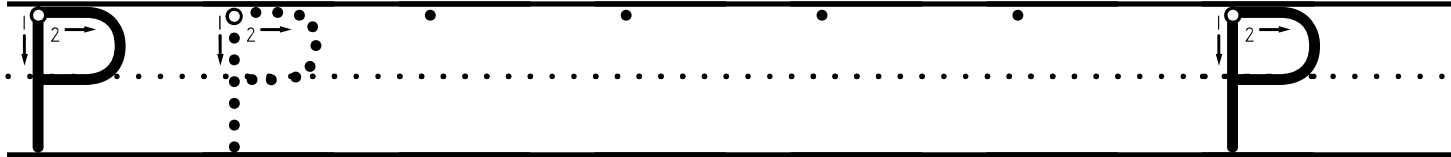
Print inside the lines. Remember to say out loud how to form the letter.



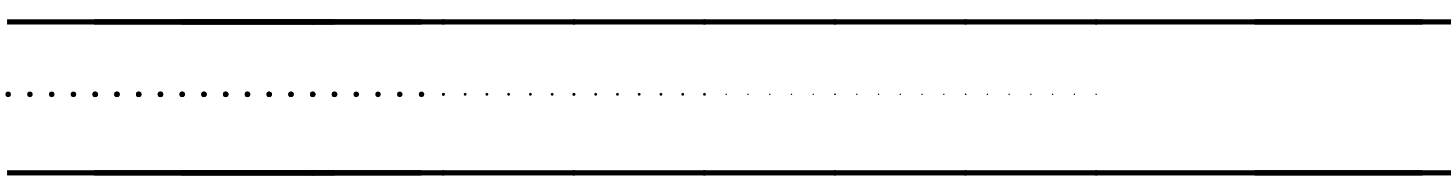
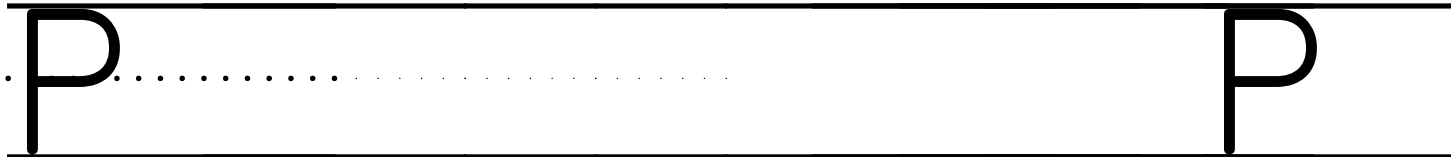
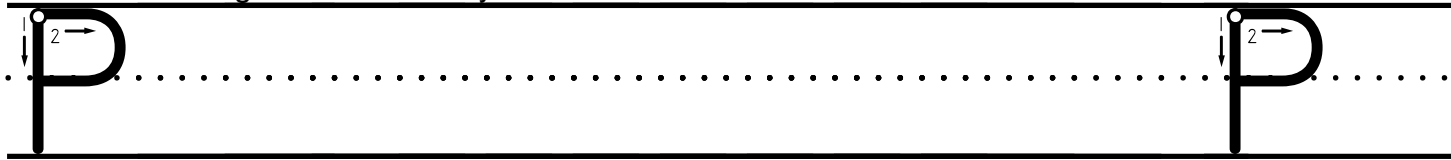
Print inside the boxes.



Print the letter.

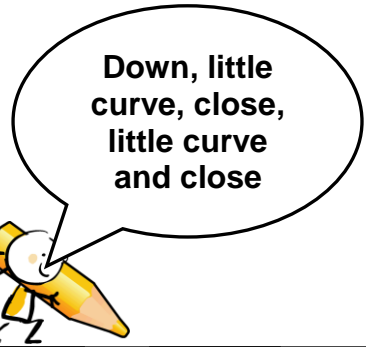
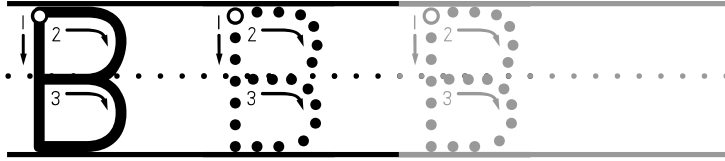


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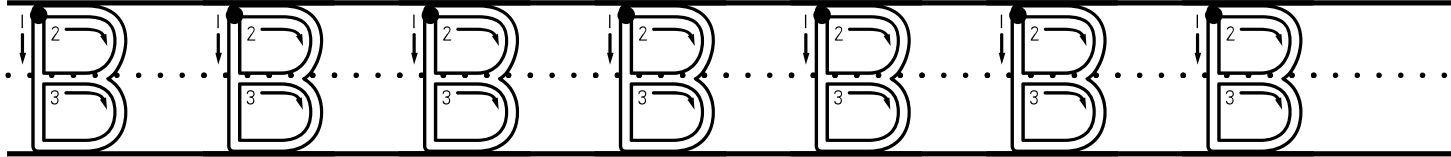


This letter is a "Curver"  
Start at the top line

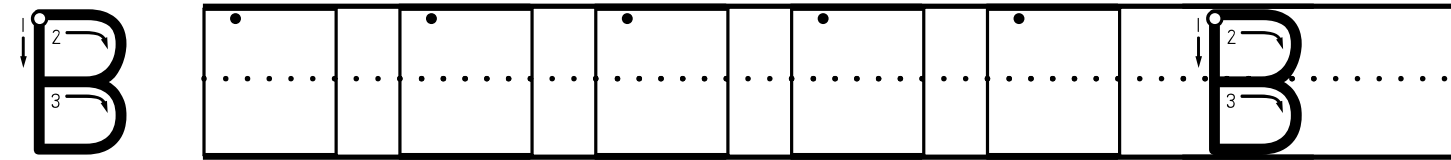
B b



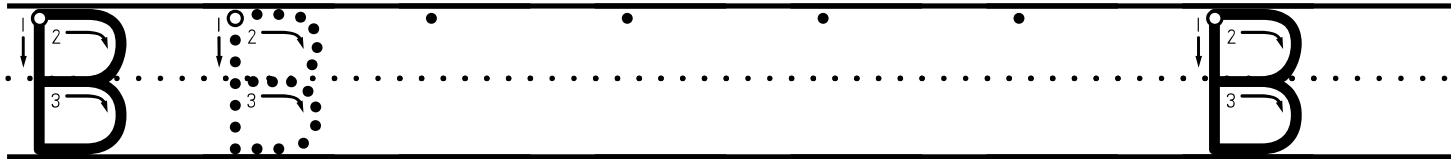
Print inside the lines. Remember to say out loud how to form the letter.



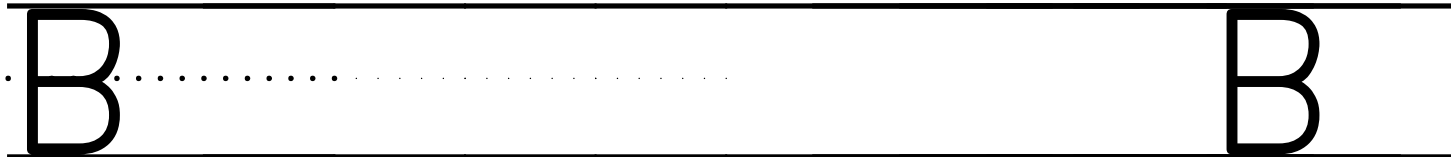
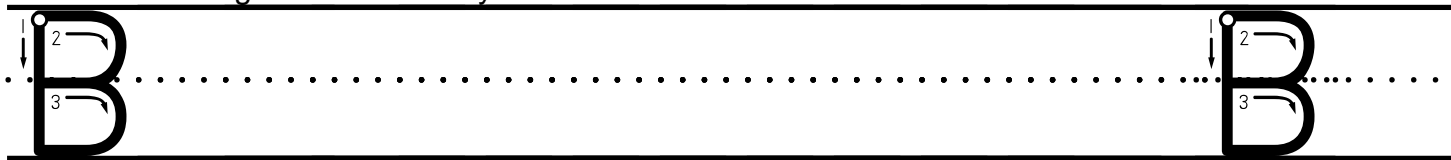
Print inside the boxes.



Print the letter.

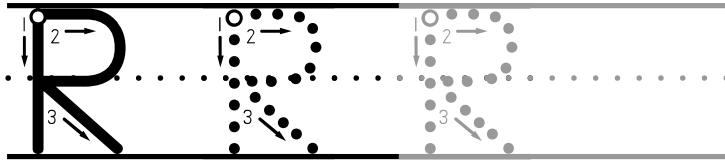


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This letter is a "Curver"  
Start at the top line

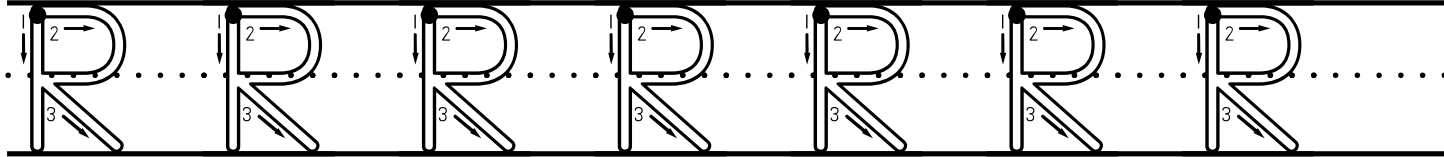
R r



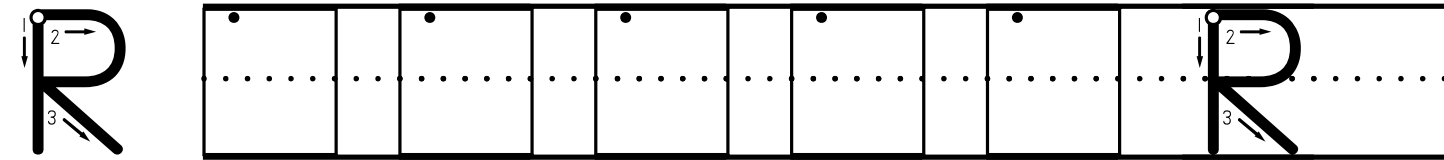
Down, curve,  
close and  
slide down



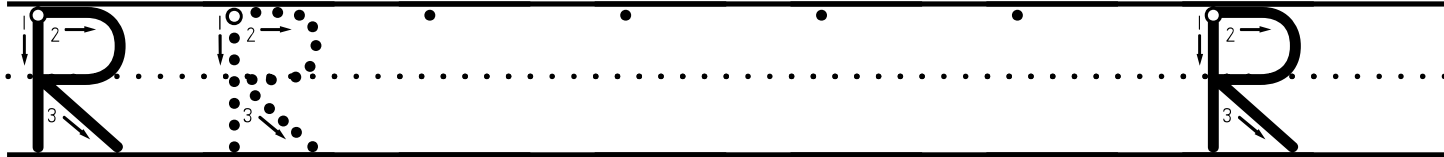
Print inside the lines. Remember to say out loud how to form the letter.



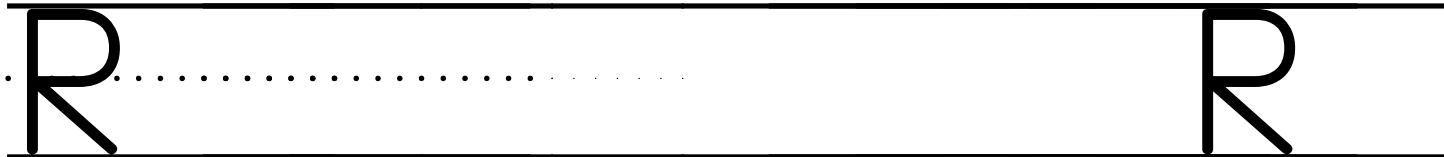
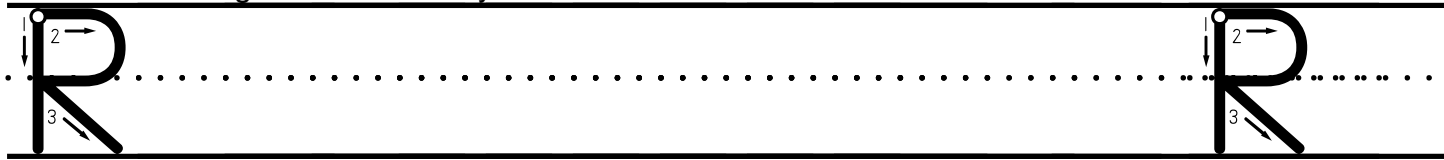
Print inside the boxes.



Print the letter.

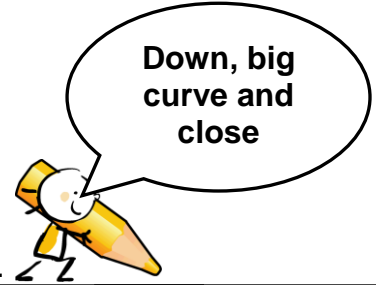
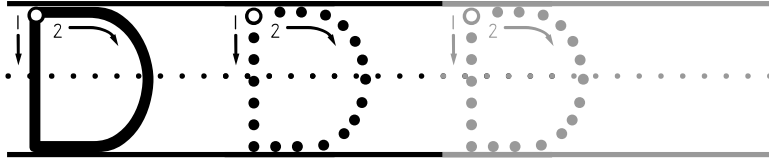


Print the letter again. Then circle your 3 best and neatest letters.

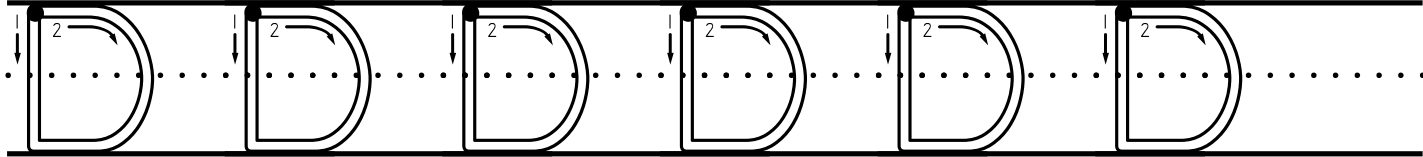


This letter is a "Curver"  
Start at the top line

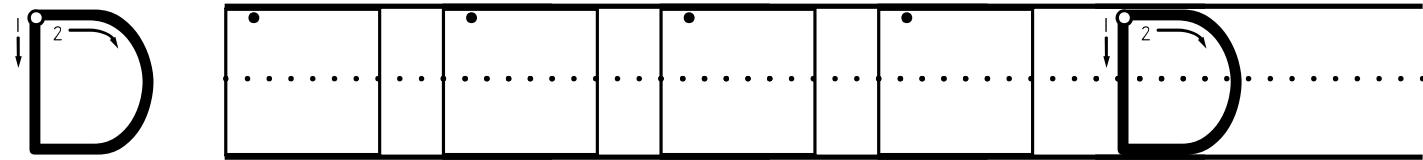
D d



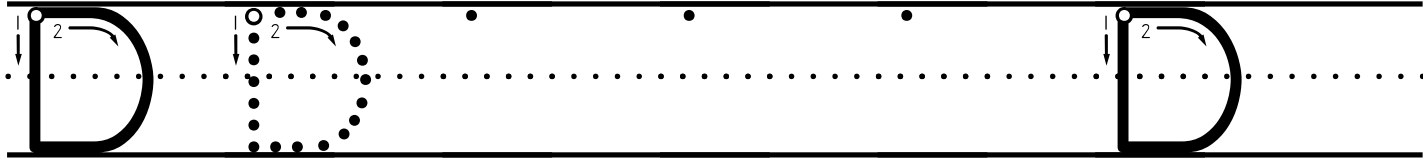
Print inside the lines. Remember to say out loud how to form the letter.



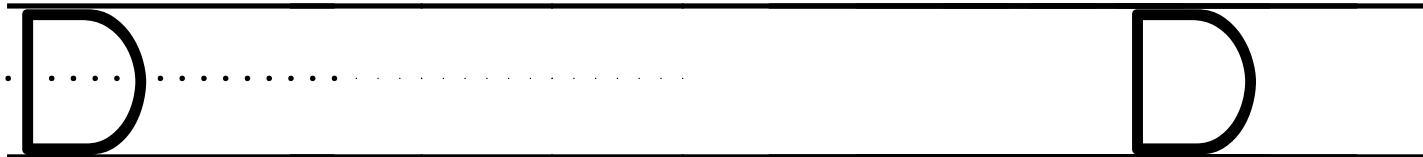
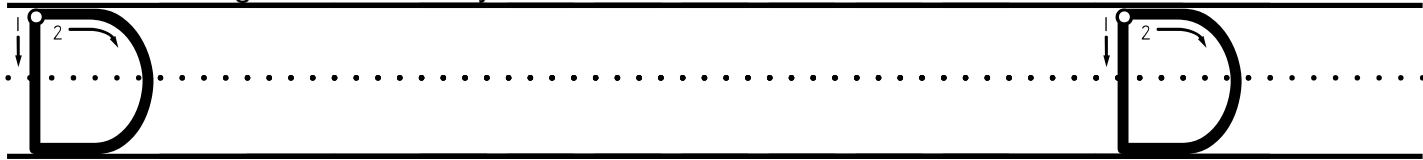
Print inside the boxes.



Print the letter.

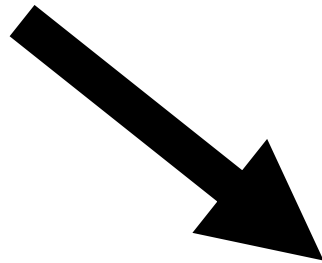


Print the letter again. Then circle your 3 best and neatest letters.



# Sliders

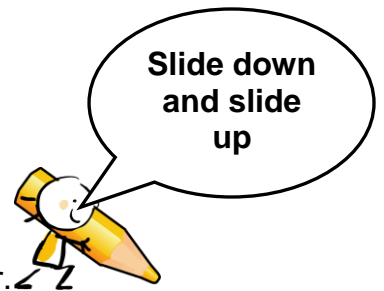
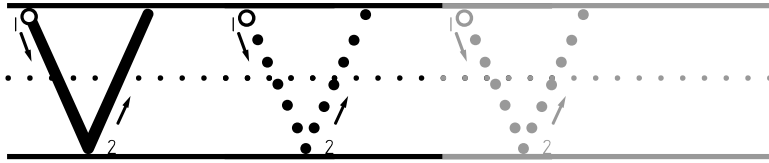
**V,W,X,A,N,M,Z**  
**and**  
**Y,K**



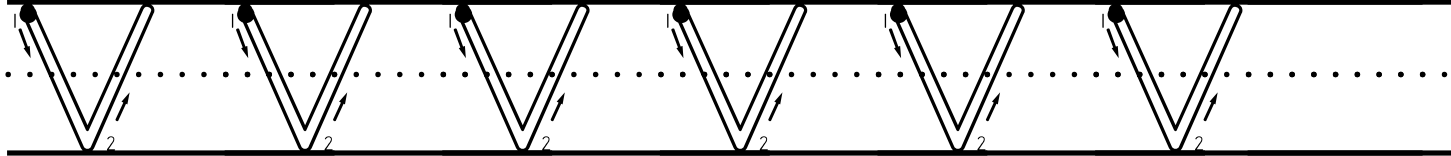
**Group 5 and 6**

**Printing Like a Pro!**

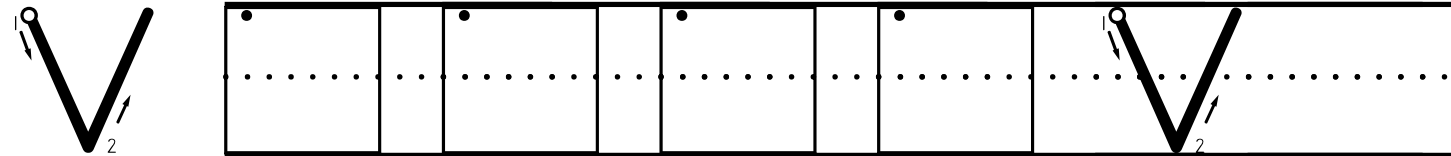
This letter is a "Slider"  
Start at the top line



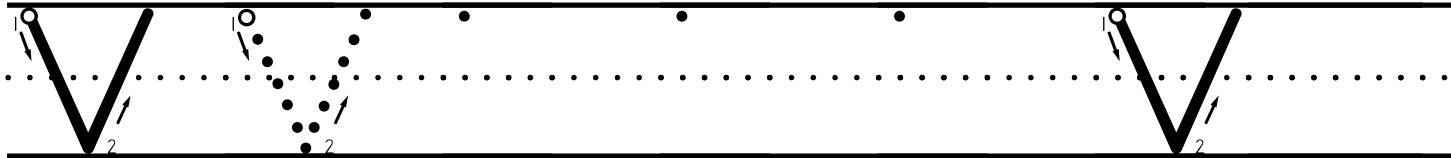
Print inside the lines. Remember to say out loud how to form the letter.



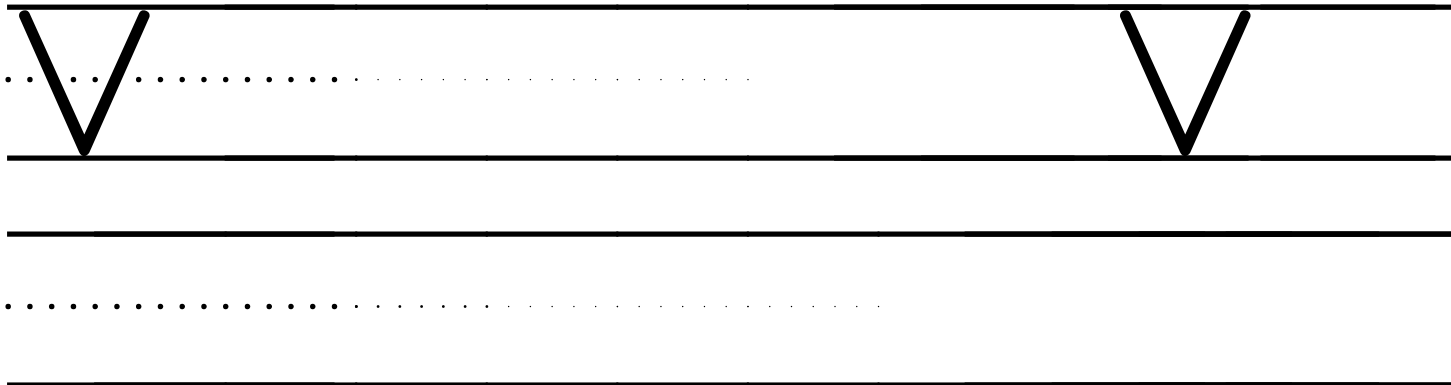
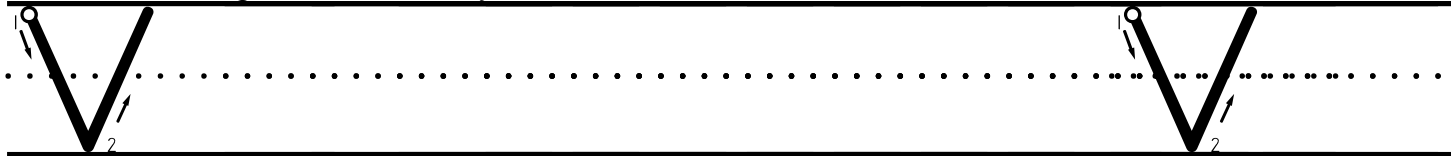
Print inside the boxes.



Print the letter.

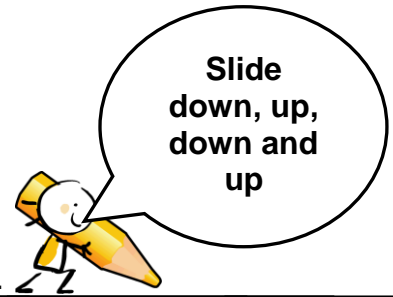
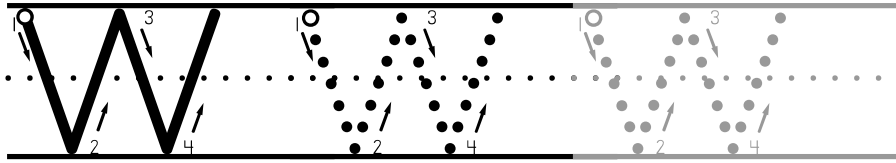


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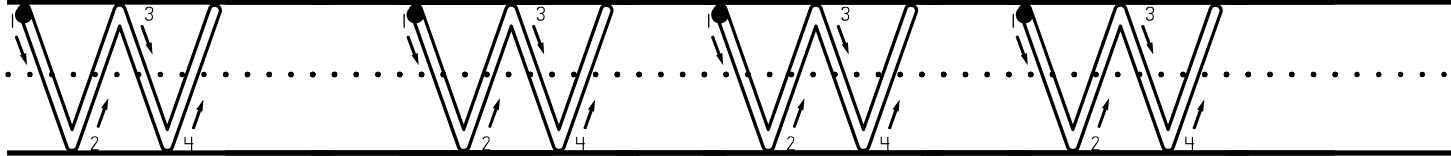


This letter is a "Slider"  
Start at the top line

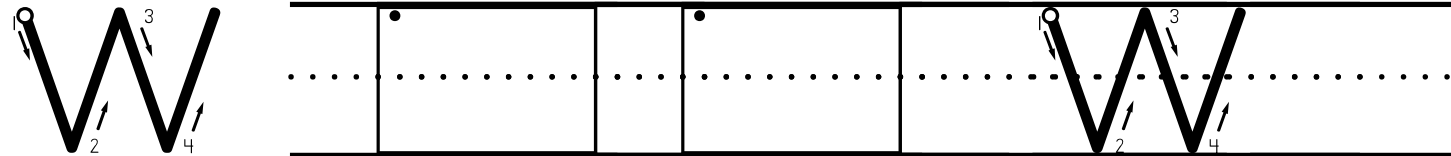
W w



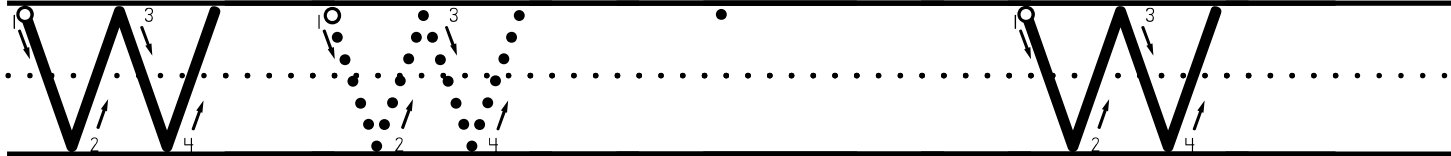
Print inside the lines. Remember to say out loud how to form the letter.



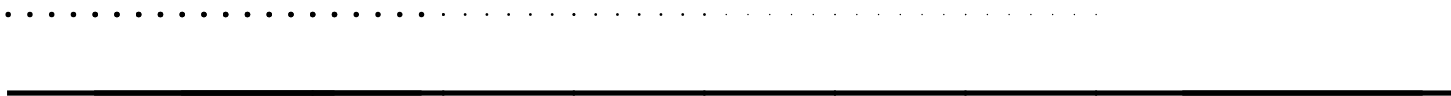
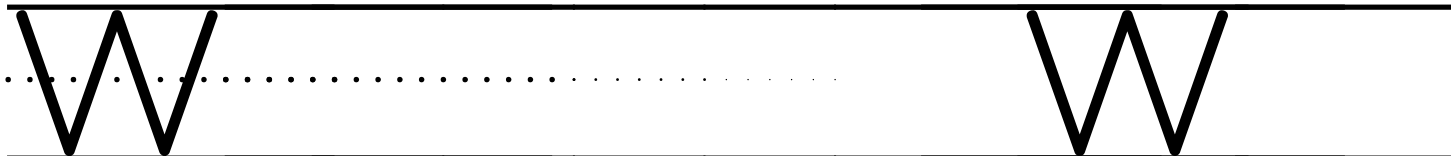
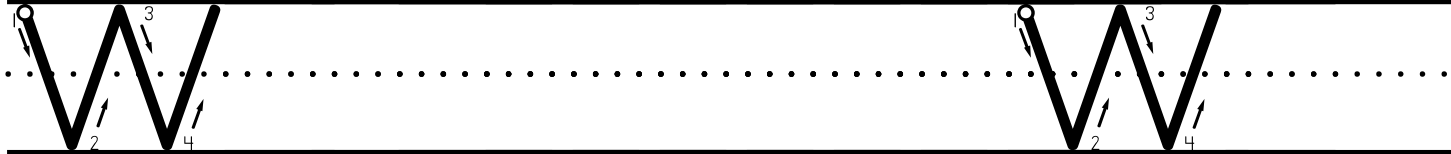
Print inside the boxes.



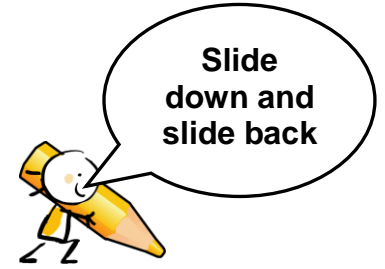
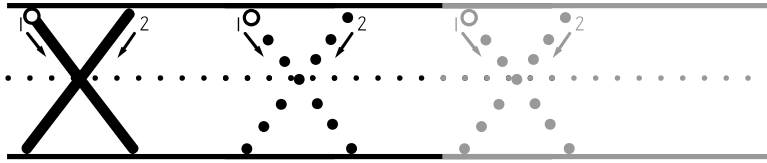
Print the letter.



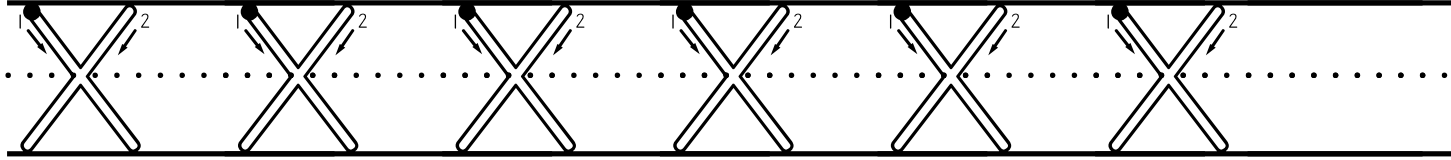
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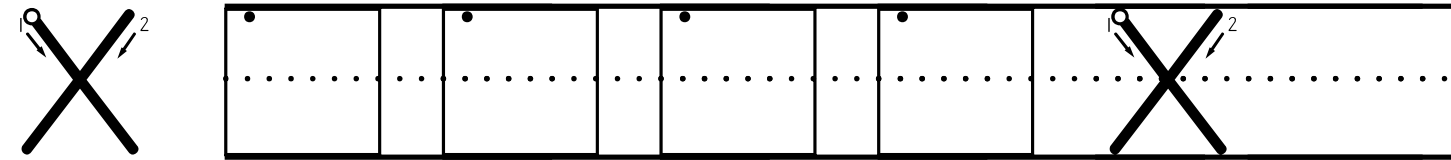
This letter is a "Slider"  
Start at the top line



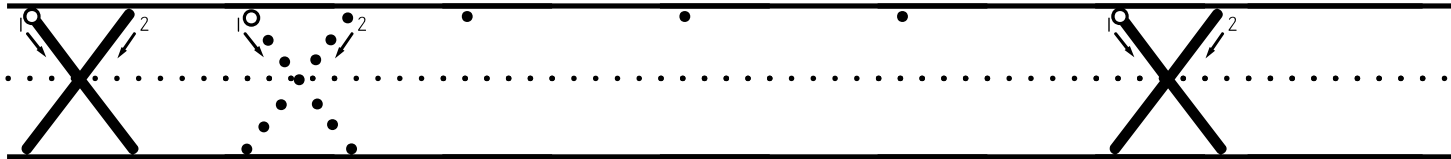
Print inside the lines. Remember to say out loud how to form the letter.



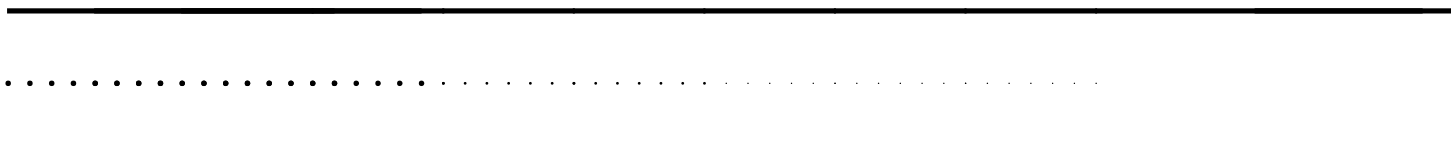
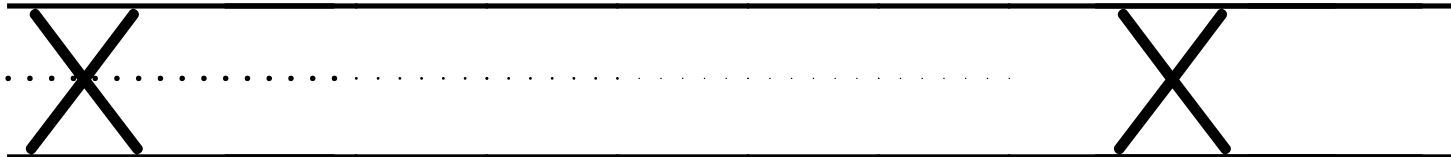
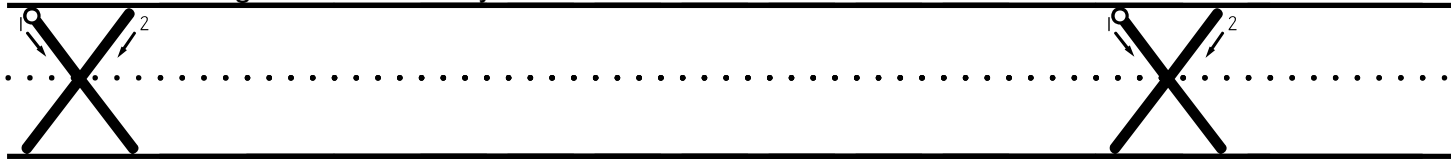
Print inside the boxes.



Print the letter.

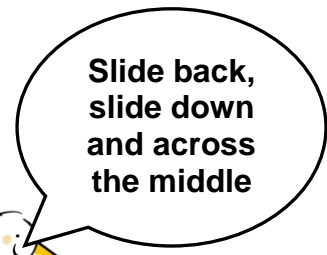
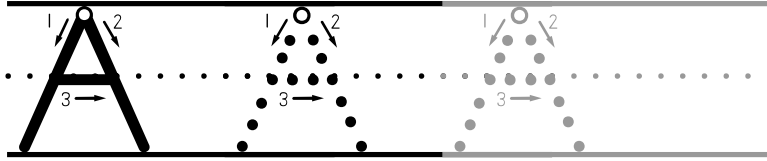


Print the letter again. Then circle your 3 best and neatest letters.



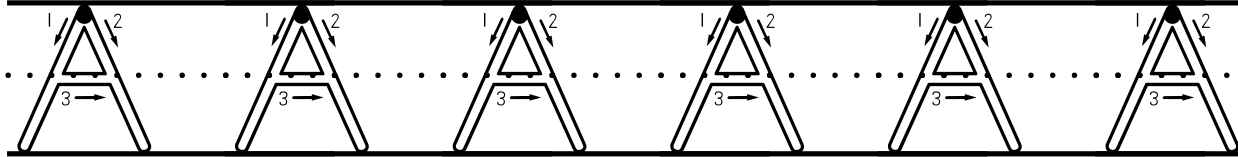
This letter is a "Slider"  
Start at the top line

A a

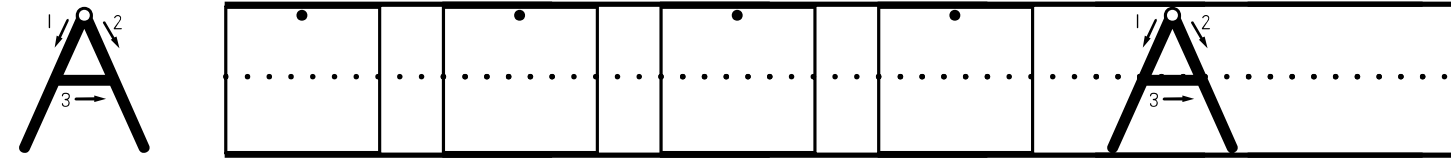


Slide back,  
slide down  
and across  
the middle

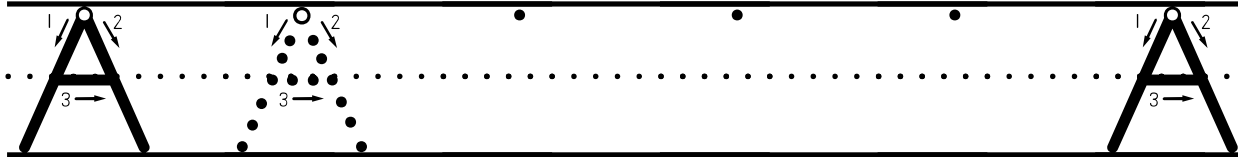
Print inside the lines. Remember to say out loud how to form the letter.



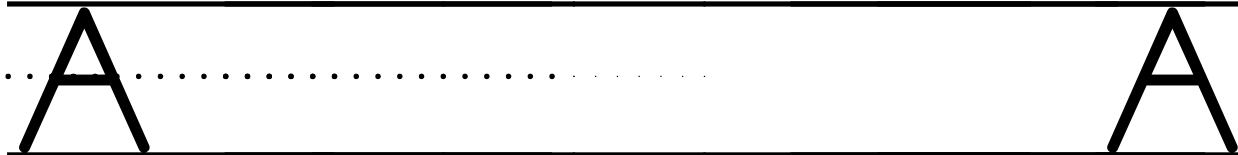
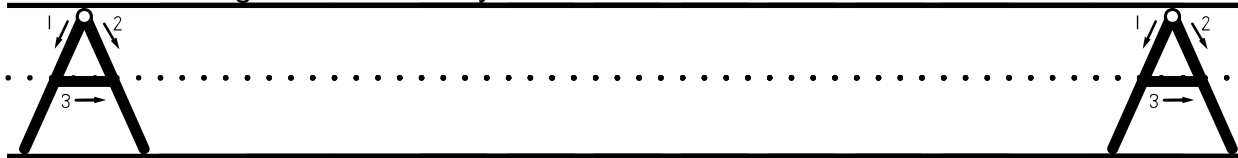
Print inside the boxes.



Print the letter.

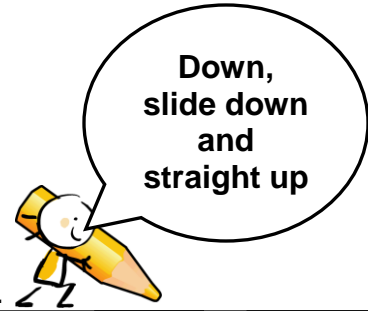
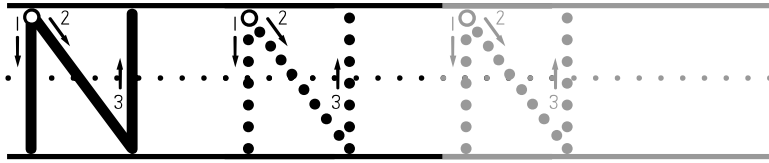


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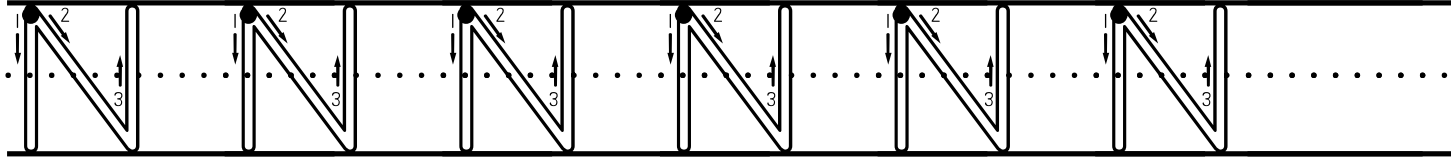


This letter is a "Slider"  
Start at the top line

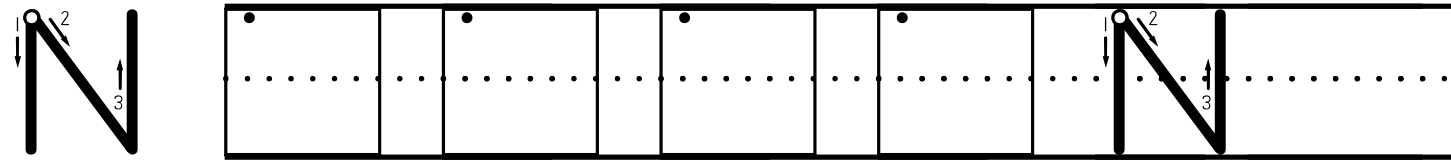
N n



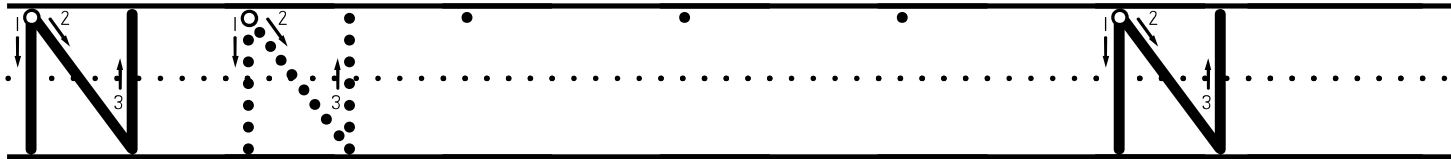
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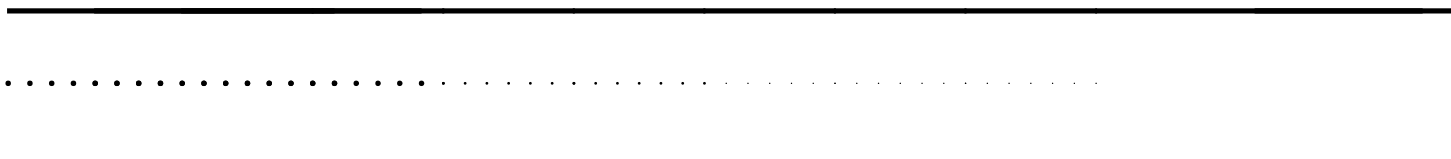
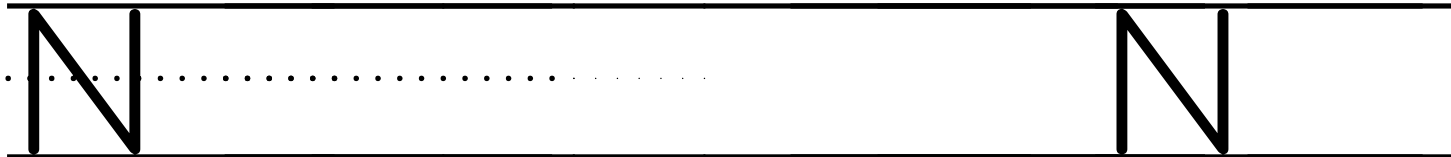
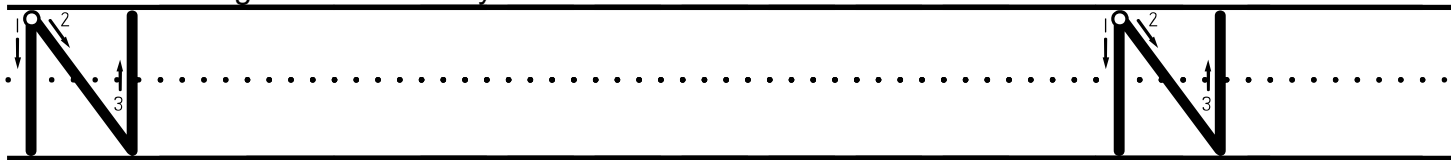
Print inside the boxes.



Print the letter.

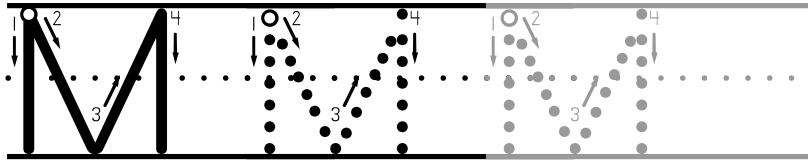


Print the letter again. Then circle your 3 best and neatest letters.



This letter is a "Slider"  
Start at the top line

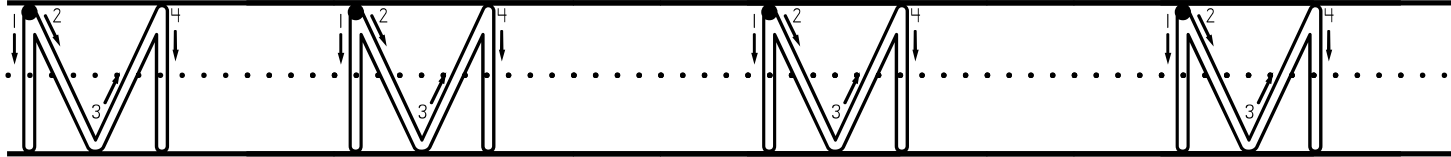
M m



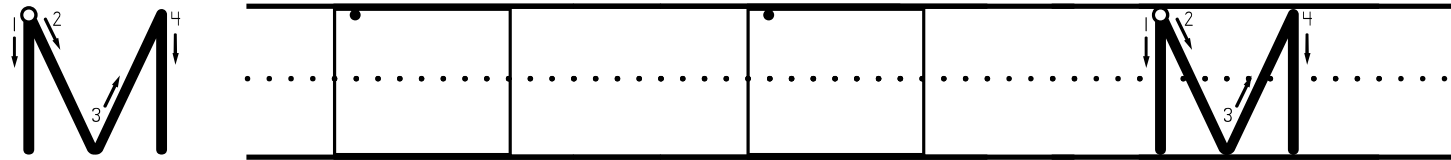
Down, slide  
down, slide  
up and  
down



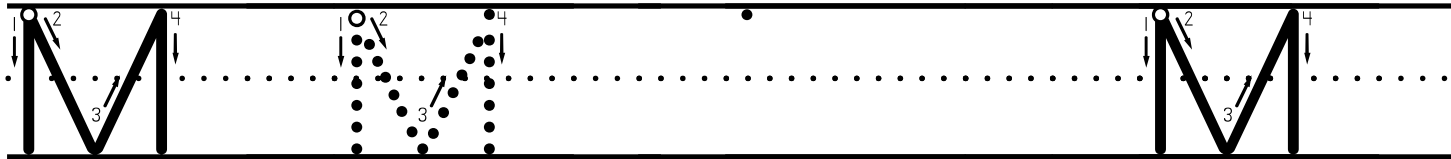
Print inside the lines. Remember to say out loud how to form the letter.



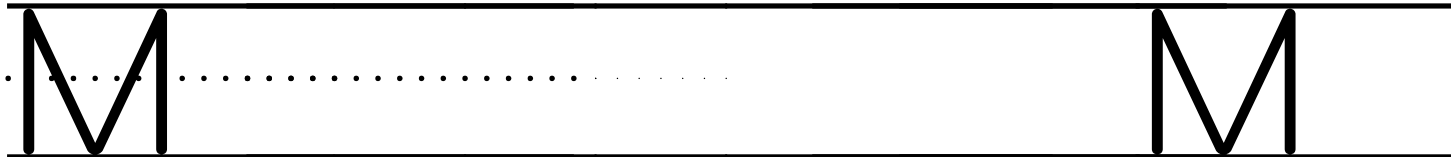
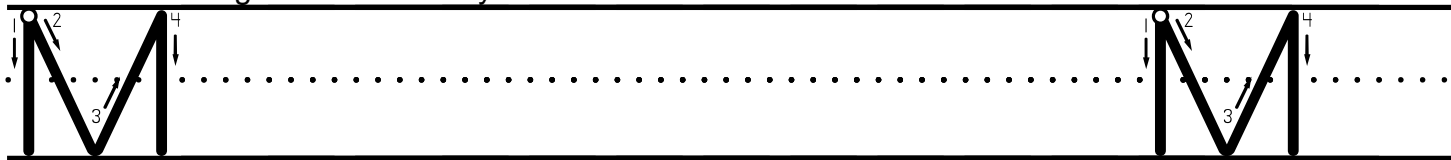
Print inside the boxes.



Print the letter.

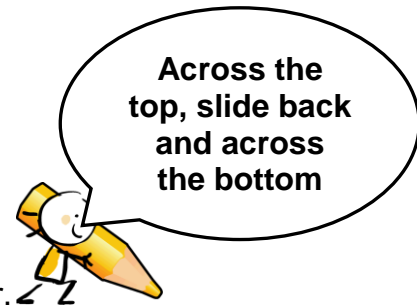
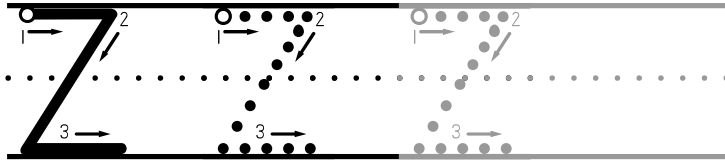


Print the letter again. Then circle your 3 best and neatest letters.

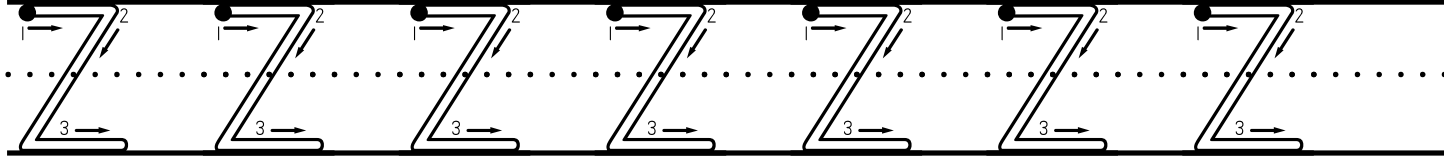


This letter is a "Slider"  
Start at the top line

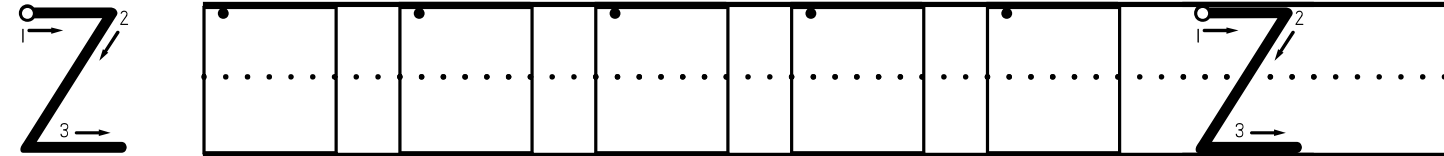
Z z



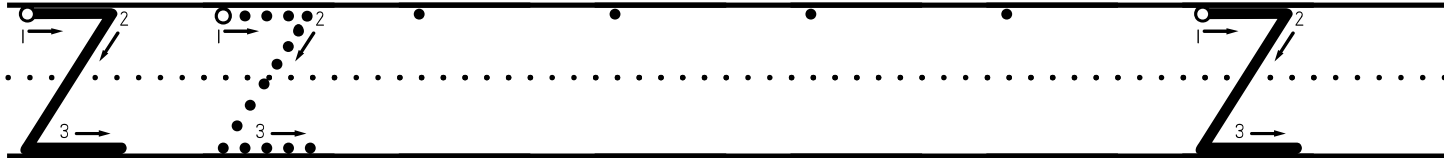
Print inside the lines. Remember to say out loud how to form the letter.



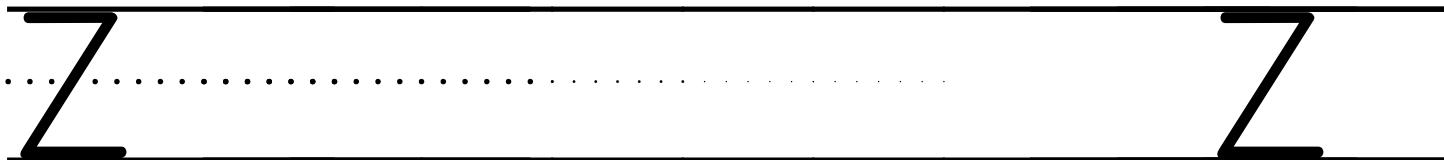
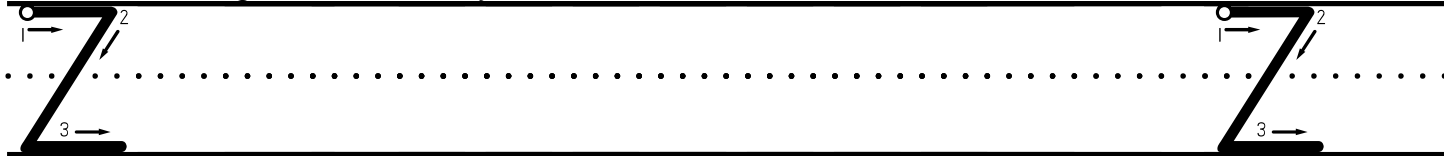
Print inside the boxes.



Print the letter.

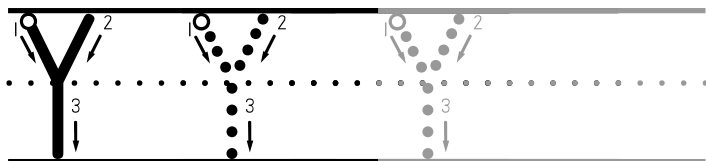


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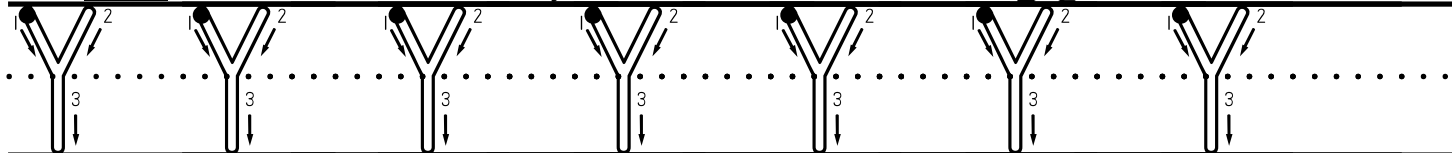


This letter is a "Slider"  
Start at the top line

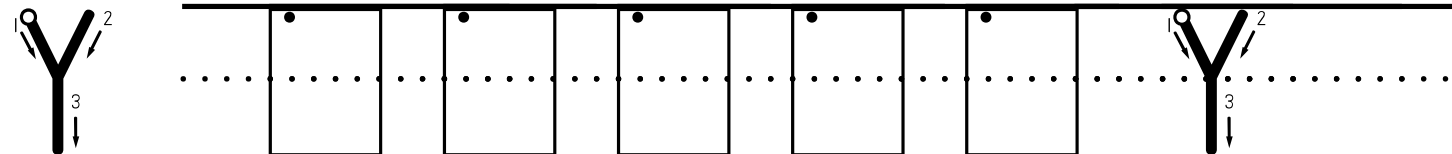
Y y



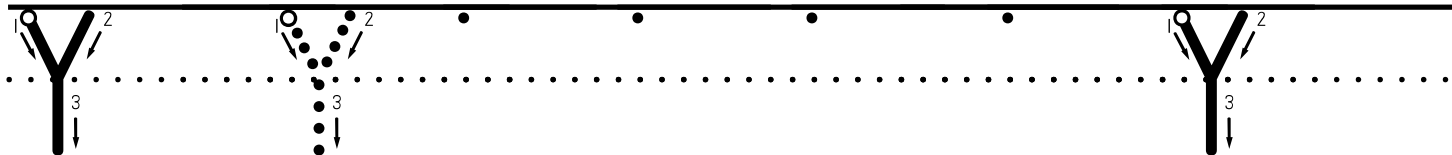
Print inside the lines. Remember to say out loud how to form the letter.



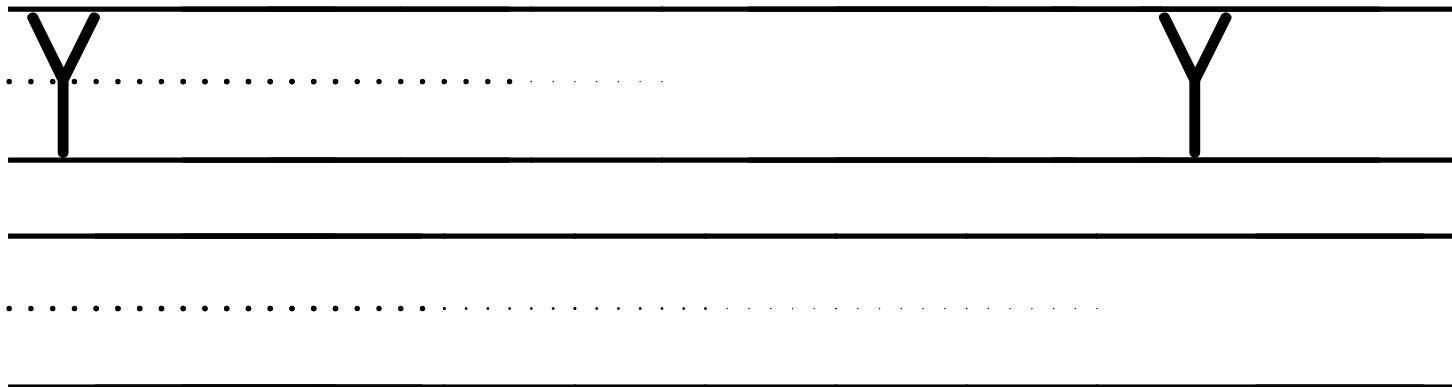
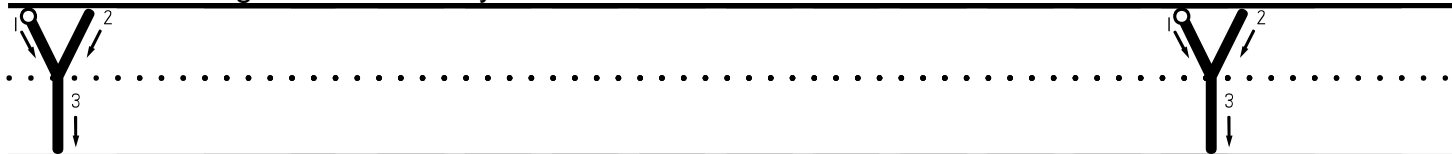
Print inside the boxes.



Print the letter.

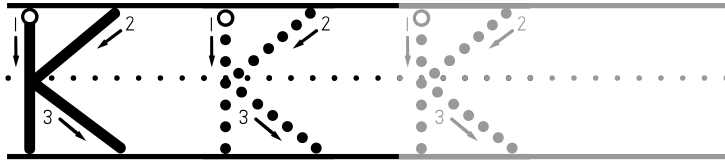


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This letter is a "Slider"  
Start at the top line

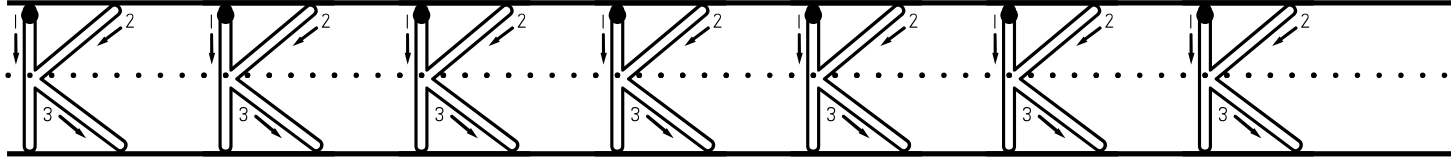
K k



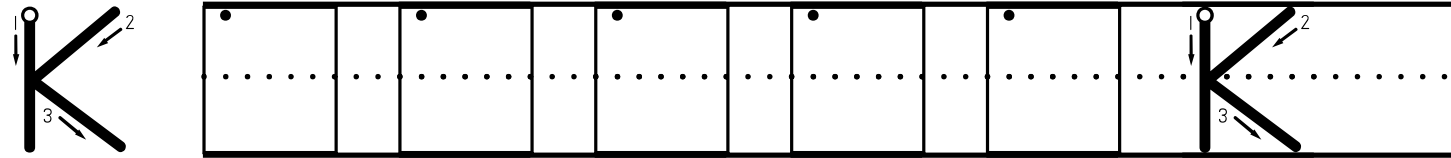
Down, slide  
back and  
slide  
forward



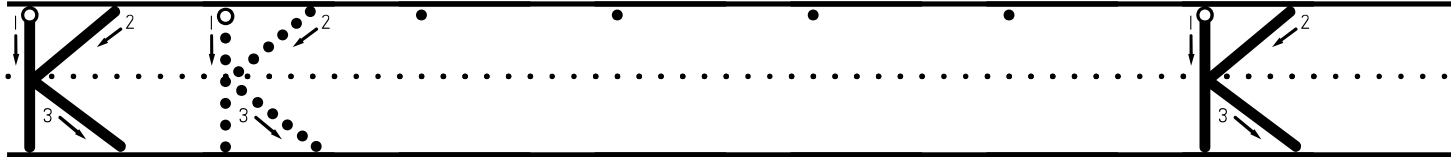
Print inside the lines. Remember to say out loud how to form the letter.



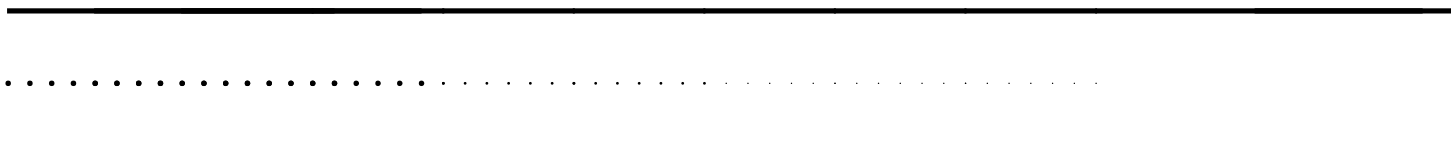
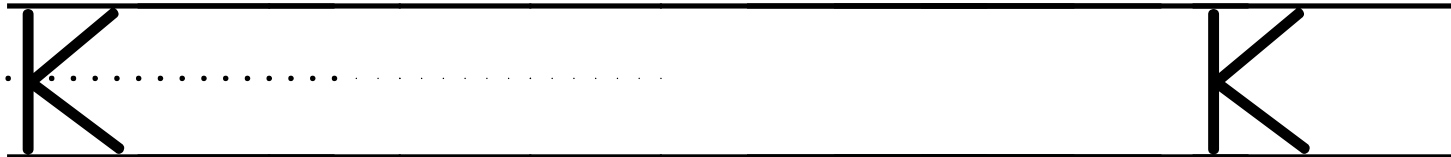
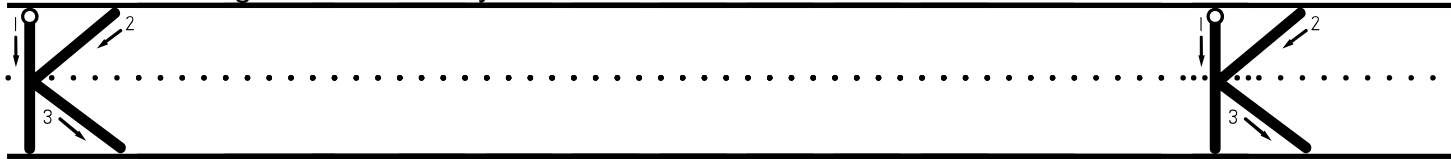
Print inside the boxes.



Print the letter.



Print the letter again. Then circle your 3 best and neatest letters.



## Looking for more?

Check out the Printing Like a Pro!:

- Level II - “**Letter Group Review, Word and Sight Word Sentences**” worksheet set

and well as

- “**Skill Boosting**” Worksheet Sets:
  - Numbers
  - Days of the Week
  - Months of the Year
  - Letter and Card Writing

Worksheets and other supporting materials can be found at:  
[http://www.childdevelopment.ca/School-Age\\_Therapy\\_Practice\\_Resources.aspx](http://www.childdevelopment.ca/School-Age_Therapy_Practice_Resources.aspx)

