Endocrinology Update

Perimenopause and Beyond

Moderated by Dr. Tracey Tessaro

Wednesday October 1, 2025 6:30pm – 8:30pm

Traditions Banquet Hall - 142 John St., Barrie ON

Navigating Menopausal Hormone Therapy: Matching Treatment to patient profiles 6:30 – 7:10pm

Dr. Cassandra Hawco, MSc, MD, FRCPC - Endocrinology, Barrie & Bracebridge

- Managing the transition from peri to post menopause
- Choosing the appropriate menopausal hormone therapy option across various patient profiles.

Weight Gain in Menopause 7:15-8:00 pm

Dr. Huan Yu MD, FRCPC - Endocriniology, LMC Barrie

- Understand how weight changes throughout a woman's lifespan
- Review the link between obesity and various health outcomes
- Review the 2025 Obesity Treatment guidelines and their application

Scan the QR code right or contact:

Nicole Zimmer Stewart 705-627-5274



