

 Protect yourself and others this cold and flu season. Wash your hands, get your flu shot and wear a mask in public if you feel unwell.

Where to go if you feel unwell

Your local guide to virtual and in-person urgent and same-day care



Primary Care Provider

If you or a family member are feeling unwell, please contact your primary care provider (family doctor or nurse practitioner) to schedule an appointment.

After-Hours Clinics

The following After-Hours Clinics are only available to patients currently rostered with a local family physician who is part of the Barrie Family Health Organization (FHO). Patients should call their family physician's office first as they may be able to provide care sooner. For more information, please visit: barriefho.ca

Bell Farm After-Hours Clinic
125 Bell Farm Rd.
Ste 101, Barrie

Prince William Way After-Hours Clinic
829 Big Bay Point Rd.
Unit D12, Barrie

Tele-Clinic
Call: 705-722-1199

Without a Primary Care Provider? If you do not currently have a family physician or nurse practitioner, consider the options included in the sections below for same-day or urgent care.

Health Care Connect can help you find a family doctor or nurse practitioner accepting new patients in your area. Register online at ontario.ca/findadoctor, or call **1-800-445-1822** to speak with a representative.



Virtual Care Options

Virtual care uses digital tools to help you connect with health care providers online or by phone, for convenient access to the best care when and where you need it.

Virtual Urgent Care Clinic

The Central Region Virtual Urgent Care Clinic provides adult and pediatric patients with timely access to virtual care with a nurse practitioner for urgent non-life threatening conditions.

Appointments required, to book visit:
regional-virtual-urgent-care.ca

Health 811

Connect online with a registered nurse and find health care services close to home.

Service available 24/7

Call 8-1-1 or visit health811.ontario.ca



Children's Clinic

The Barrie Community Health Centre's **Children's Clinic for Kids aged 0 - 5 Years** provides well-baby and well-child check-ups, immunizations, care for cough, cold, flu and other illnesses, breastfeeding support and more. Same day and next day appointments available. **For appointments, call 705-734-9690 ext. 261.**

Located at 490 Huronia Road, Barrie.



Urgent Care and Walk-In Clinics

For injuries and illnesses that are not life-threatening. For hours of operation or more information on what each clinic provides, please contact the clinic directly via the phone number or website listed below.

Big Bay Medical Walk-In Clinic
750 Big Bay Point Rd., Barrie

Appointments required, book here:
bigbaymedical.ca/appointment/

Huronia Urgent Care Clinic
480 Huronia Rd.
#102, Barrie

HuroniaUrgentCareClinic.ca

Mapleview Walk In Clinic
555 Mapleview Dr., Barrie

Phone: 705-503-5900

Queens Health Centre
238 Barrie St., Thornton

Phone: 705-250-9544
QueensHealthCentre.com

Wellington Walk-In Clinic
200 Wellington St. W.
Unit 3, Barrie

Phone: 705-739-0127

Grove St. Walk-In Clinic
477 Grove St. E
Unit 15, Barrie

Phone: 705-241-9583

Angus Walk-In Clinic
18 King St., Angus

Phone: 705-424-5551



Pharmacies

Pharmacists are able to prescribe certain treatment options, including for some of the most common medical ailments. Services may vary by location. Contact your local pharmacy to inquire about specific prescriptions and services available. For more info, visit: ontario.ca/page/pharmacies



Emergency Department

The **Emergency Department** (located at Royal Victoria Regional Health Centre, 201 Georgian Drive in Barrie) cares for patients whose health problems need immediate attention and cannot wait to be seen by a primary care provider throughout Barrie and surrounding area.

RVH ED Minor Ailment Patient Pathway (MAPP)

Book a **same-day** or **next-day** arrival time to be assessed and treated for minor injuries to a limb (sprain, strain or simple fracture, etc.) or minor symptoms of flu, cold or other respiratory illnesses like RSV and COVID-19. To pre-book your arrival time, visit rvh.on.ca/emergency

For more information including clinic hours, requirements or restrictions, please use the QR code to visit our website

