

 Protect yourself and others this cold and flu season. Wash your hands, get your flu shot and wear a mask in public if you feel unwell.

# Where to go if you feel unwell

Your local guide to virtual and in-person urgent and same-day care



## Primary Care Provider

If you or a family member are unwell, please call your **primary care provider** (family doctor or nurse practitioner) to schedule an appointment. If they are unavailable or you do not have a primary care provider, please try one of the following options below.



## Virtual Care Options

Virtual care uses digital tools to help you connect with health care providers online or by phone, for convenient access to the best care when and where you need it.

### Virtual Urgent Care Clinic

The Central Region Virtual Urgent Care Clinic provides adult and pediatric patients with timely access to virtual care with a nurse practitioner for urgent non-life threatening conditions.

**Appointments required**, to book visit:  
[regional-virtual-urgent-care.ca](https://regional-virtual-urgent-care.ca)

### Health 811

Connect online with a registered nurse and find health care services close to home.

Service available 24/7

Call 8-1-1 or visit [health811.ontario.ca](https://health811.ontario.ca)



## Urgent Care and Walk-In Clinics

For injuries and illnesses that are not life-threatening.

**Big Bay Medical Walk-In Clinic**  
750 Big Bay Point Rd., Barrie

**Appointments required**, book here:  
[bigbaymedical.ca/appointment/](https://bigbaymedical.ca/appointment/)

**Huronia Urgent Care Clinic**  
480 Huronia Rd.  
#102, Barrie

[HuroniaUrgentCareClinic.ca](https://HuroniaUrgentCareClinic.ca)

**Queens Health Centre**  
238 Barrie St., Thornton

**Phone:** 705-250-9544  
[QueensHealthCentre.com](https://QueensHealthCentre.com)

**Wellington Walk-In Clinic**  
200 Wellington St. W.  
Unit 3, Barrie

**Phone:** 705-739-0127

**Grove St. Walk-In Clinic**  
477 Grove St. E  
Unit 15, Barrie

**Phone:** 705-241-9583



## After-Hours Clinics

The following After-Hours Clinics are only available to patients currently rostered with a local family physician who is part of the Barrie Family Health Organization (FHO). Patients should call their family physician's office first as they may be able to provide care sooner. For more information, please visit: [barriefho.ca](https://barriefho.ca)

**Bell Farm After-Hours Clinic**  
125 Bell Farm Rd.  
Ste 101, Barrie

**Prince William Way After-Hours Clinic**  
829 Big Bay Point Rd.  
Unit D12, Barrie

**Tele-Clinic**  
Call: 705-722-1199



## Emergency Department

The **Emergency Department** (located at Royal Victoria Regional Health Centre, 201 Georgian Drive in Barrie) cares for patients whose health problems need immediate attention and cannot wait to be seen by a primary care provider throughout Barrie and surrounding area.

### RVH ED Minor Conditions Booking Portal

Book a **same-day** or **next-day** arrival time to be assessed and treated for minor injuries to a limb (sprain, strain or simple fracture, etc.) or minor symptoms of flu, cold or other respiratory illnesses like RSV and COVID-19.

**Appointments required**, to book visit: [rvh.on.ca/areas-of-care/emergency-services/](https://rvh.on.ca/areas-of-care/emergency-services/)

For more information including clinic hours, requirements or restrictions, please use the QR code to visit our website

