

# Primary Care Dietitians: Providing More Than "Just" Nutrition Advice

Primary care dietitians contribute a broad range of transferable skills to our practice

## Practitioners



Empower patients through nutrition counselling using motivational interviewing, problem solving & cognitive behavioural strategies.

## Educators



Facilitate knowledge transfer to health care professionals to support future workforce capacity.

## Collaborators



Act as consulting board members & steering committee members to support stakeholder objectives.

## Researchers



Write grants for clinical based research, contribute to research reviews & translate evidence-based nutrition research.

## Leaders



Drive quality improvement plans, design innovative health programs & lead initiatives that support our food systems.

Dietitians in Primary Health Care  
Better Health • Better Care • Better Value



[www.dietitians.ca](http://www.dietitians.ca)